

NMR, a platform for comprehensive screening of olive oil ingredients and properties



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Olive Bioactives: applications and prospects

July 5, 2016 Le Studium Conferences Orleans



NMR Spectroscopy of complex mixtures

Analysis of crude natural products and other materials



Some examples of applied NMR Screening

- screening of plant or marine species extracts for new drug leads
- identification of impurities in drugs or chemical products
- identification of unknowns in environmental samples like groundwater, rivers, lakes, soil-extracts, or outlet of wastewater treatment plants
- identification of biomarkers or drug metabolites in body fluids
- screening of food & beverages like fruit juices, wine, milk, honey, edible oils, ...



Food Quality Control and Frauds



Rapid detection tool needed

Police in Chongqing's Hechuan district have discovered a production site for **fake honey** and confiscated about 500 kilograms of the fake nectar, [the national broadcaster said in a report on Sunday.](#)

"The **artificial honey** contained zero per cent real honey," the report said. 2013

7 well known Olive Oil brands from Italy were shown to fake EVOO 2015



Attempt by state-owned company to export Tokaj wine to US ends in scandal

MAY 16, 2014 BY BENJAMIN NOVAK



120 Sickened, 11 Die From Vinegar Likely Tainted With Antifreeze China **2011**

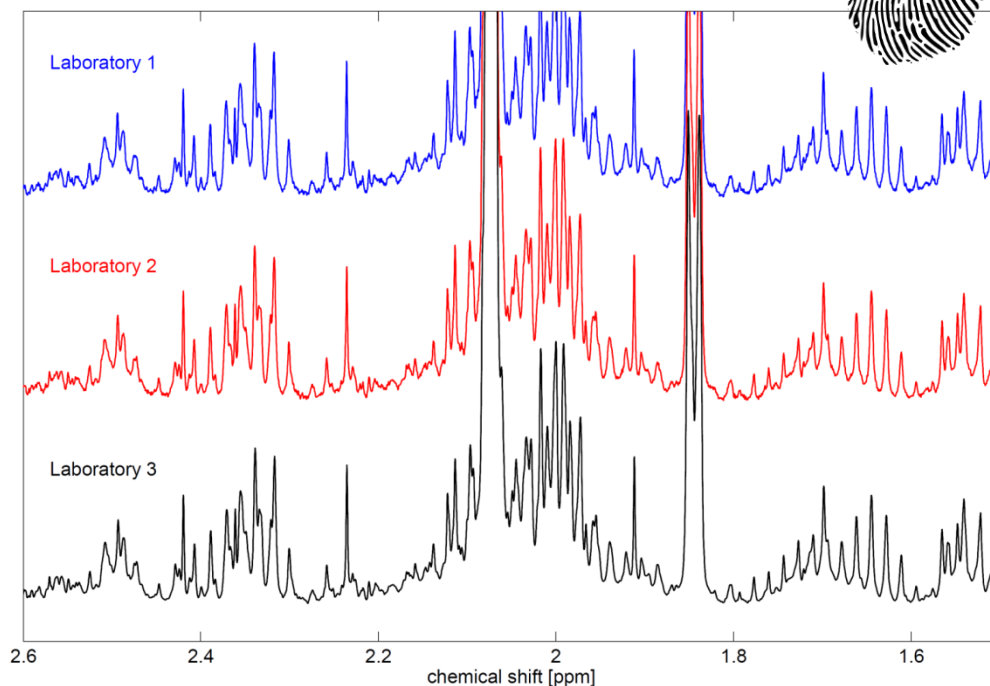


Buckets of fake honey seized in Chongqing in April. Screenshot from CCTV News, June 17, 2013

Features of ^1H -NMR Profiling



- primary method for quantification
no need to calibrate each compound
- high reproducibility
even inter-laboratory
- non-targeted detection of all protons
- ^1H -NMR profile can be regarded as
unique fingerprint of the sample
- long-term build of reference
databases possible
- retrospective analysis possible
also quantification of further compounds



preparation and acquisition in 3 different labs (wine sample)

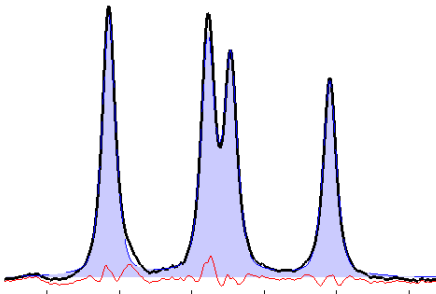
FoodScreener™

- Full Automated Analyses -

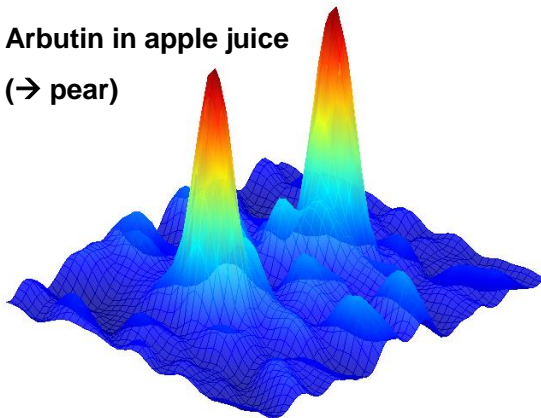


Quantification

Quinic acid in apple juice
concentration: 798 mg/L

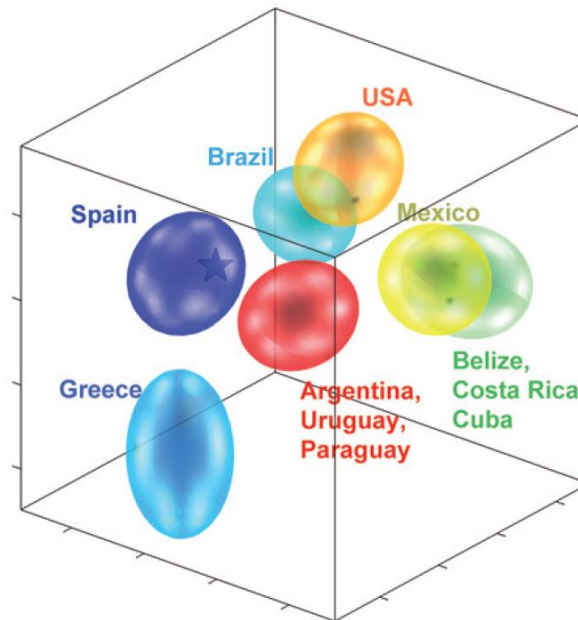


Arbutin in apple juice
(→ pear)



Classifications

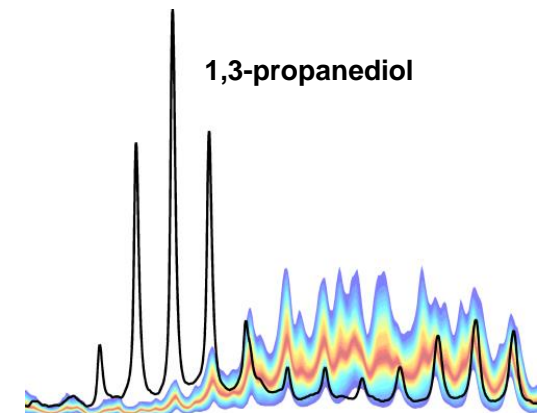
- Authenticity Control
- Geographical origin
- Botanical Variety



Origin of Orange Juice

Non-Targeted Verifications

- Detection of any deviations
- Check for foreign fruit
- Adulterations (Sugar/Syrup)
- Quality Aspects



Result: Declared region *Sicilia* is consistent with classification result.



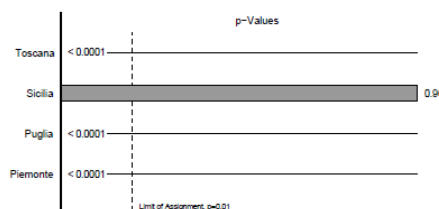
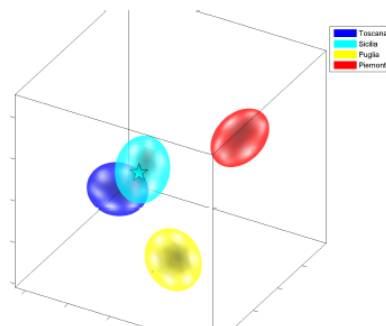
Sample ID: Italy-Sicilia-Syrah

Additional Sample Information

Variety: Syrah
 Country: Italy
 Region: Sicilia
 Type of Wine: red

Measuring Date: 13-Nov-2012 07:11:26

Reporting Date: 02-Dec-2014 16:40:31, Version 3.0.0 (alpha), 10 pages



Results Summary

Type of Analysis	Analysis ID	Result	Status
Classification Analysis			
Red Wine Country	WI-1105-01/0681	In-Model	●
Italian Variety	WI-1103-01/0681	In-Model	●
Italian Region	WI-1102-01/0681	In-Model	●
Targeted Analysis			
Quantification	WI-Q/0583	-	○
Comparison with NMR Reference Database	WI-QC/0097	-	●
Untargeted Verification Analysis			
Univariate Verification	WI-2015-01/0105	In-Model	●
Multivariate Verification	WI-2015-01/0105	In-Model	●

Standard Parameters:

Compound	Value	Unit	LOQ	Flag	Official Ref.		Wine-Profiling™ NMR reference database
					min	max	
total alcohol*	106.6	g/L	-	○	-	-	98.2 - 126.5
total alcohol-v*	13.5	%vol	-	○	-	-	12.4 - 16.0
ethanol	104.8	g/L	5.0	○	-	-	97.4 - 126.3
ethanol-v*	13.3	%vol	-	○	-	-	12.3 - 16.0
glycerol	8.8	g/L	0.5	○	-	-	6.3 - 11.4
glucose	2.0	g/L	0.5	○	-	-	<0.5 - 5.3
fructose	1.8	g/L	0.5	○	-	-	<0.5 - 6.0
glucose/fructose*	1.08	-	-	○	-	-	not available
sucrose	<0.2	g/L	0.2	●	-	-	<200 mg/L in reference sec
arabinose	301	mg/L	1.0	○	-	-	<100 - 646
total sugar (bef. inv.)*	3.8	g/L	1.0	○	-	-	<1.0 - 11.3
total fermentable sugar*	3.8	g/L	1.0	○	-	-	<1.0 - 11.3
tartaric acid	1.9	g/L	0.5	●	-	-	1.2 - 3.3
malic acid	<0.2	g/L	0.2	○	-	-	<0.2 - 0.4
lactic acid	1.4	g/L	0.2	○	-	-	0.7 - 3.4
citric acid	<200	mg/L	200	●	-	1000	<200 - 236
energy value*	3340	kJ/L	-	○	-	-	3060 - 3950
bread units*	0.32	1/L	0.2	○	-	-	not available
carbohydrate units*	0.38	1/L	0.2	○	-	-	<0.2 - 1.1

Wine Report Release 3.0

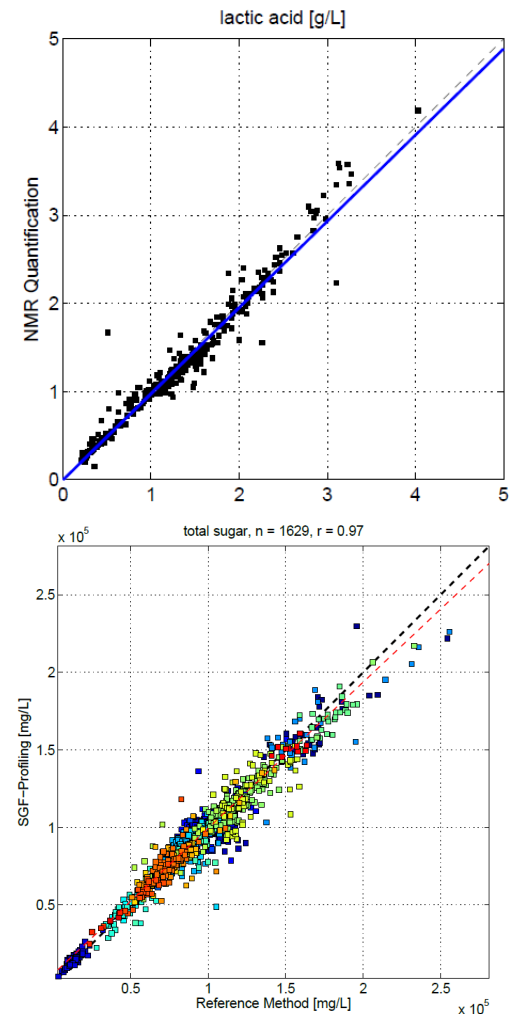
Olive Oil will look similar

Method Validation

- ISO 17025 Accreditation -



- > 20.000 comparisons with reference methods
- Continuous participation in international ring-tests
- ISO 17025: flexible accreditation for $^1\text{H-NMR}$ -based analyses on liquid food and food extracts
 - Determination of ingredients (quantification)
 - Measures for authenticity and quality control (statistical analysis, e.g. origin/variety)
- Customers can use our validated methods for the integration in their ISO 17025 accreditation



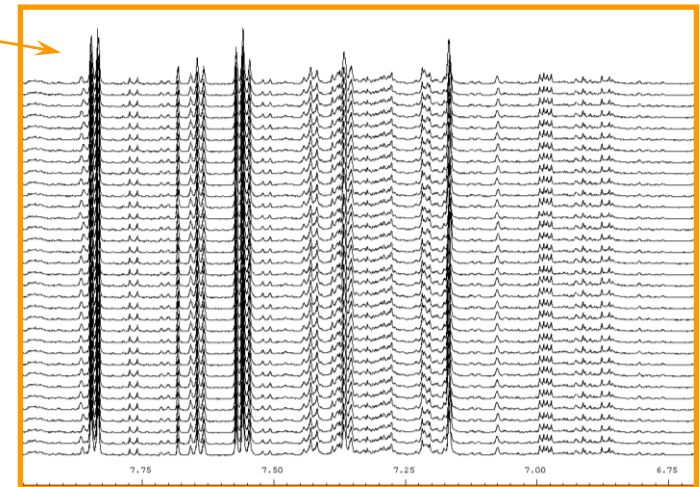
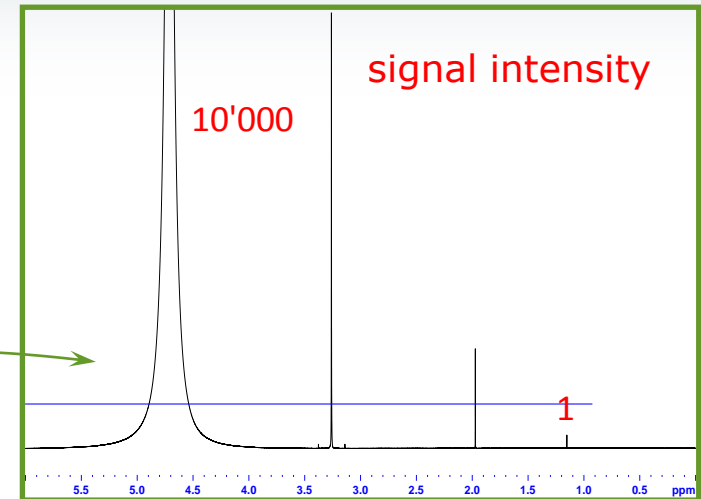
Why using NMR for food quality control?

NMR as an ideal tool for complex matrices



NMR spectroscopy ...

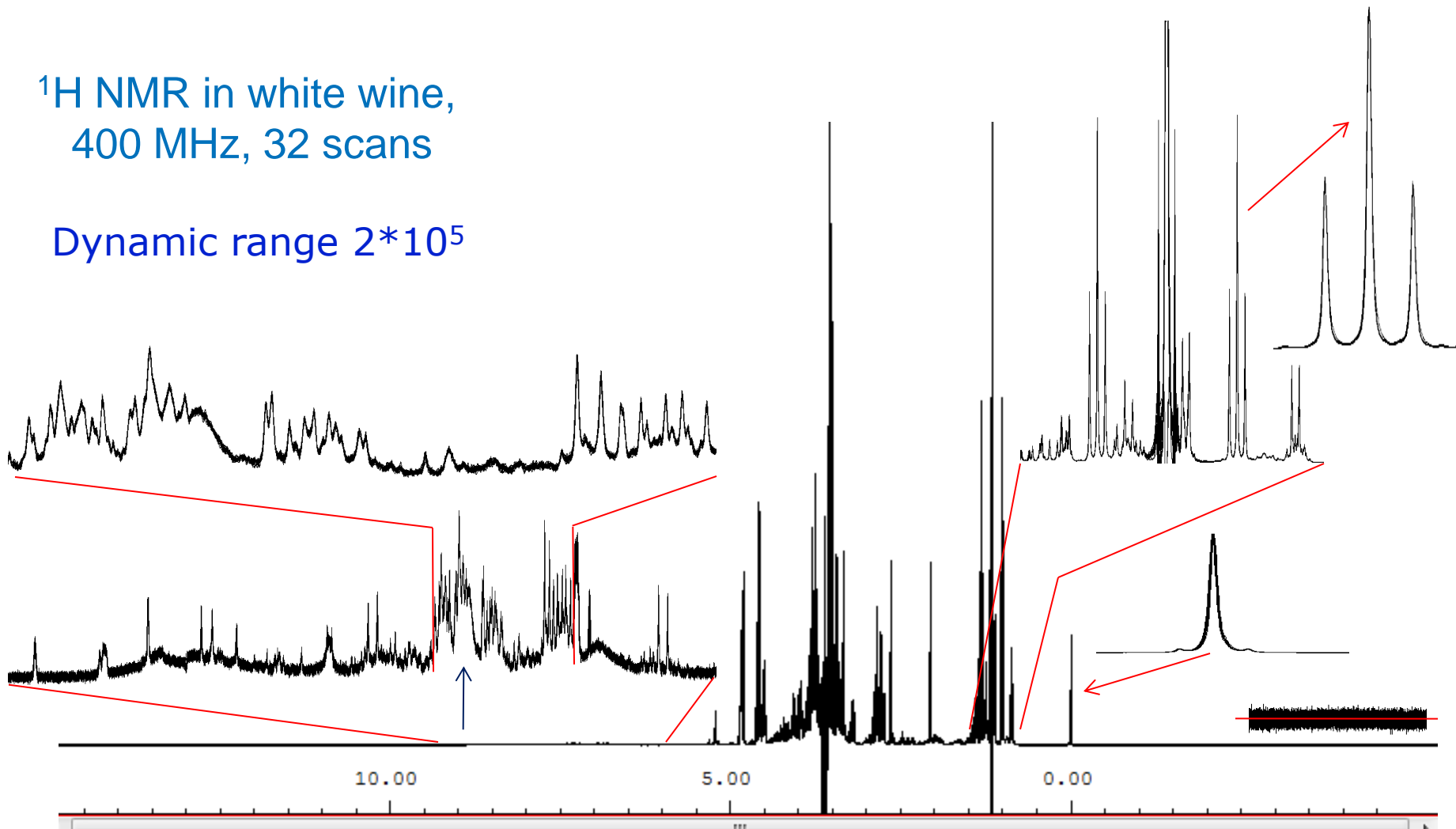
- gets along with easy sample preparation
- is quantitative per se
- is targeted and untargeted simultaneously within a single experimental run
- is reliable over a high dynamic range
- delivers a multitude of information even in a single experiment
- has excellent reproducibility
- supports either full automation under standardized conditions, or tailored solutions - and almost everything in between
- Allows retrospective analysis, as soon as new models are developed or new quantification is ready
- One quantification reference standard for all compounds



Reproducibility in Wine NMR

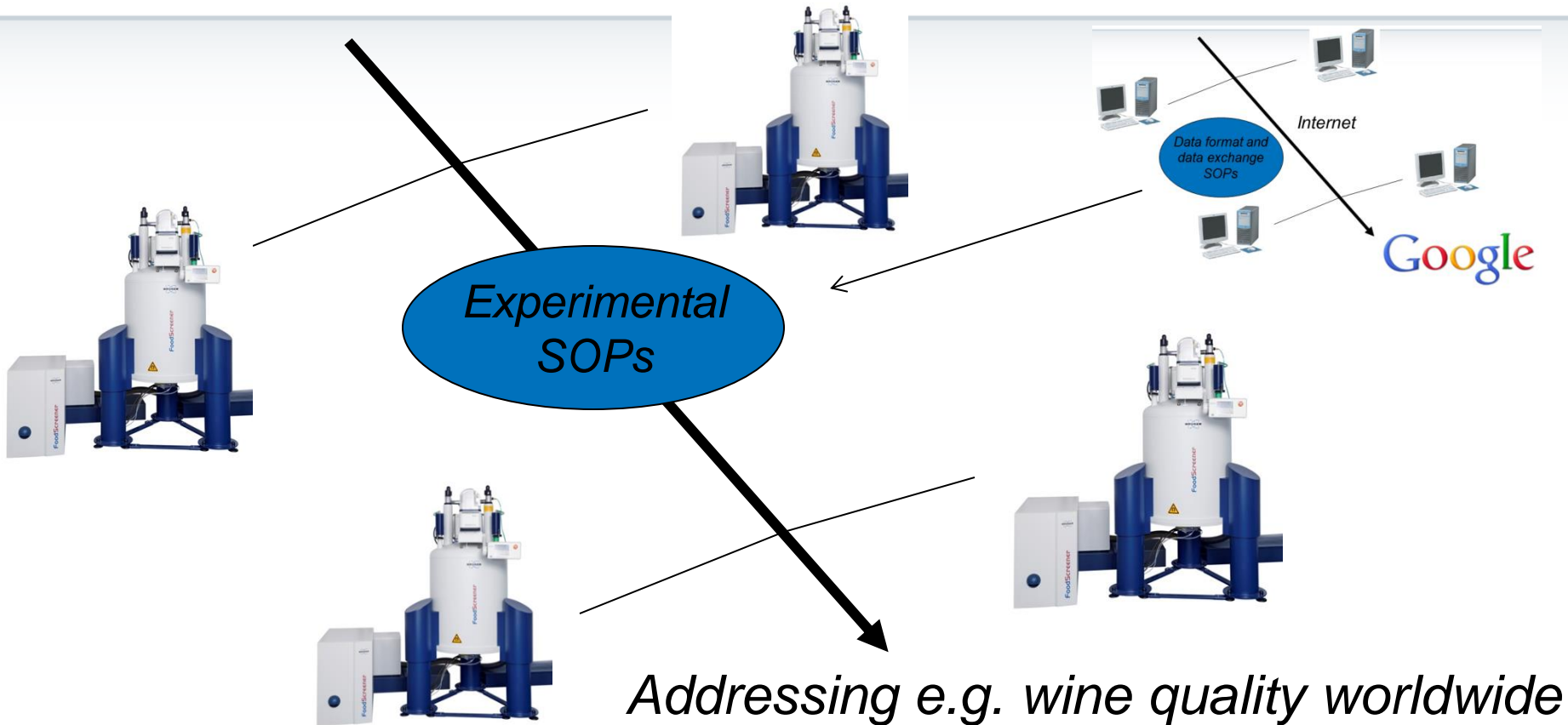
^1H NMR in white wine,
400 MHz, 32 scans

Dynamic range $2 \cdot 10^5$



20 replicate preparations

Experimental SOPs act like the Internet to connect spectrometers data output



Addressing e.g. wine quality worldwide

*Note: Spectral Databases of food matrices like wine only
Make full sense, if complete comparability is guaranteed*

FoodScreener 400 MHz-Platform :

New Customers combine solutions, developed by Bruker BioSpin or in future external providers

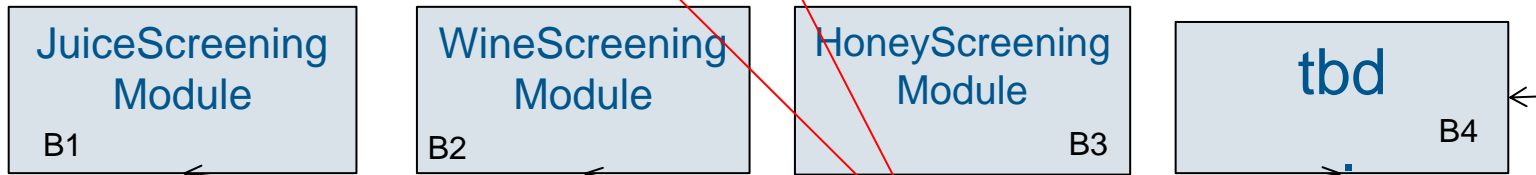


Example: B1+B3+C1 or B2+B4+C1+C3

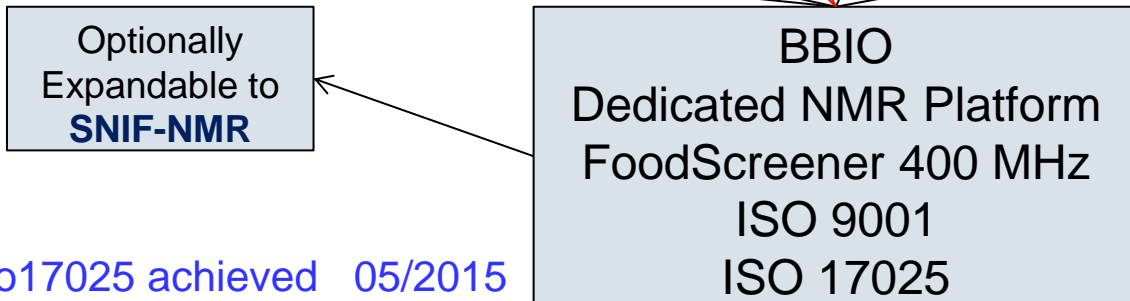


External Providers

Solutins on BBIO Basic Platform



Bruker Standardized Platform Food ISO 17025 ISO 9001



- Iso17025 achieved 05/2015

Two NMR screening approaches

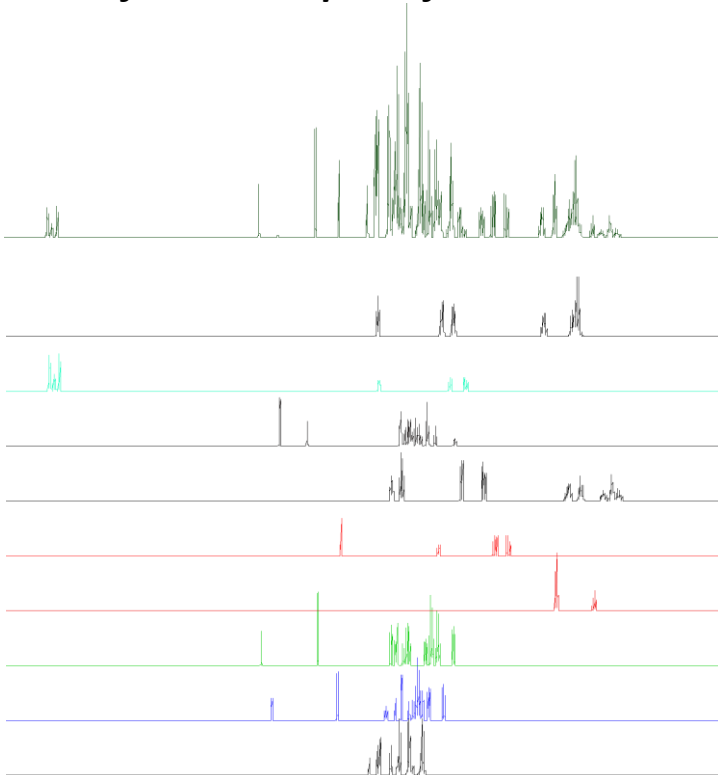
Metabolic Profiling and Fingerprinting



Metabolic Profiling

- targeted
- combinable with LC-(SPE)-MS

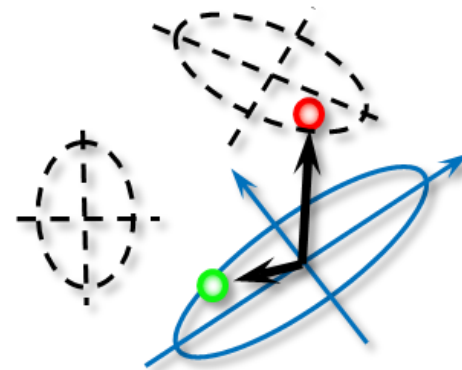
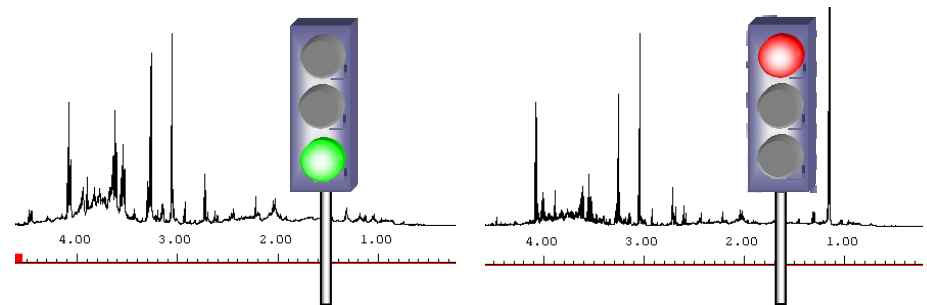
identification & quantification



Metabolic Fingerprinting

- non-targeted
- use of statistics

classification & discrimination



Food adulteration

Need for reliable analytics



All the worse - like in other crimes - **adulterators always have some lead!**

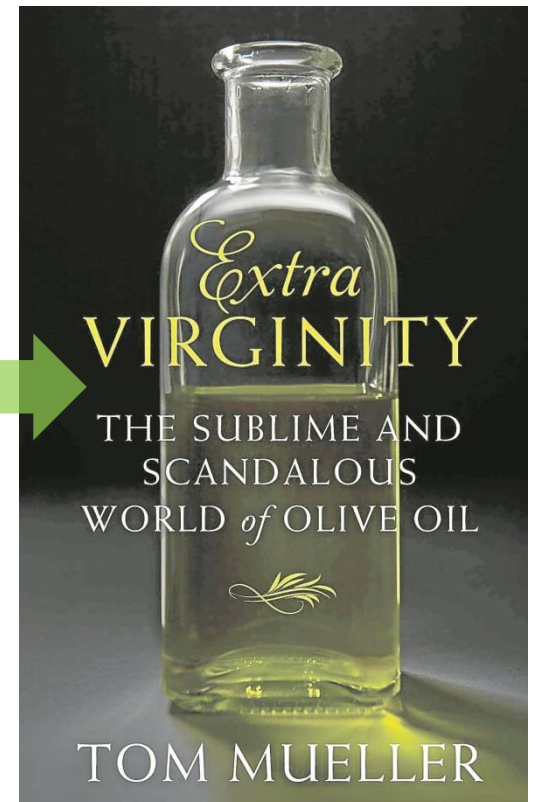
On the other hand, most analytical methods

- may be limited in range, sensitivity or reproducibility
- can be levered out by "elaborated" frauds
- are targeted
- are too expensive to be practiced on a grand scale

Thus, adulteration of foodstuff is continuing ...

Food fraud hints can find expression in single compounds within the complex mixture, or can be entangled in subtle matrix effects.

*(Cost-)Effective analytical methods have to deal with both tasks simultaneously, and **NMR screening can do the job***



W W Norton & Co (2011)

Motivation for edible oil screening

The global olive oil market situation



- Global olive oil market is dominated by growing price competition
- Product differentiation based on high quality standards and geographical origin is a highly promising concept to counteract



European Olive Oil Legislation (1992)

"The EU PDO/PGI regulation (Regulation 510/2006 and its predecessor Regulation 2081/92) provides EU-wide protection to names of agricultural products and foodstuffs that have a close link to their geographic region of production. Such products must be produced in a specified territory and according to a certain production specification."



cited from a report on "Evaluation of the CAP policy on protected designations of origin (PDO) and protected geographical indications (PGI), London Economics, 11-2008

Differentiation of edible oil types

Early state overview



first feasibility study with yet too few samples,
nevertheless marked differentiation of oil types

- safflower oil



sunflower oil

olive oil Greece
olive oil Italy



pumpkin seed oil



palm oil

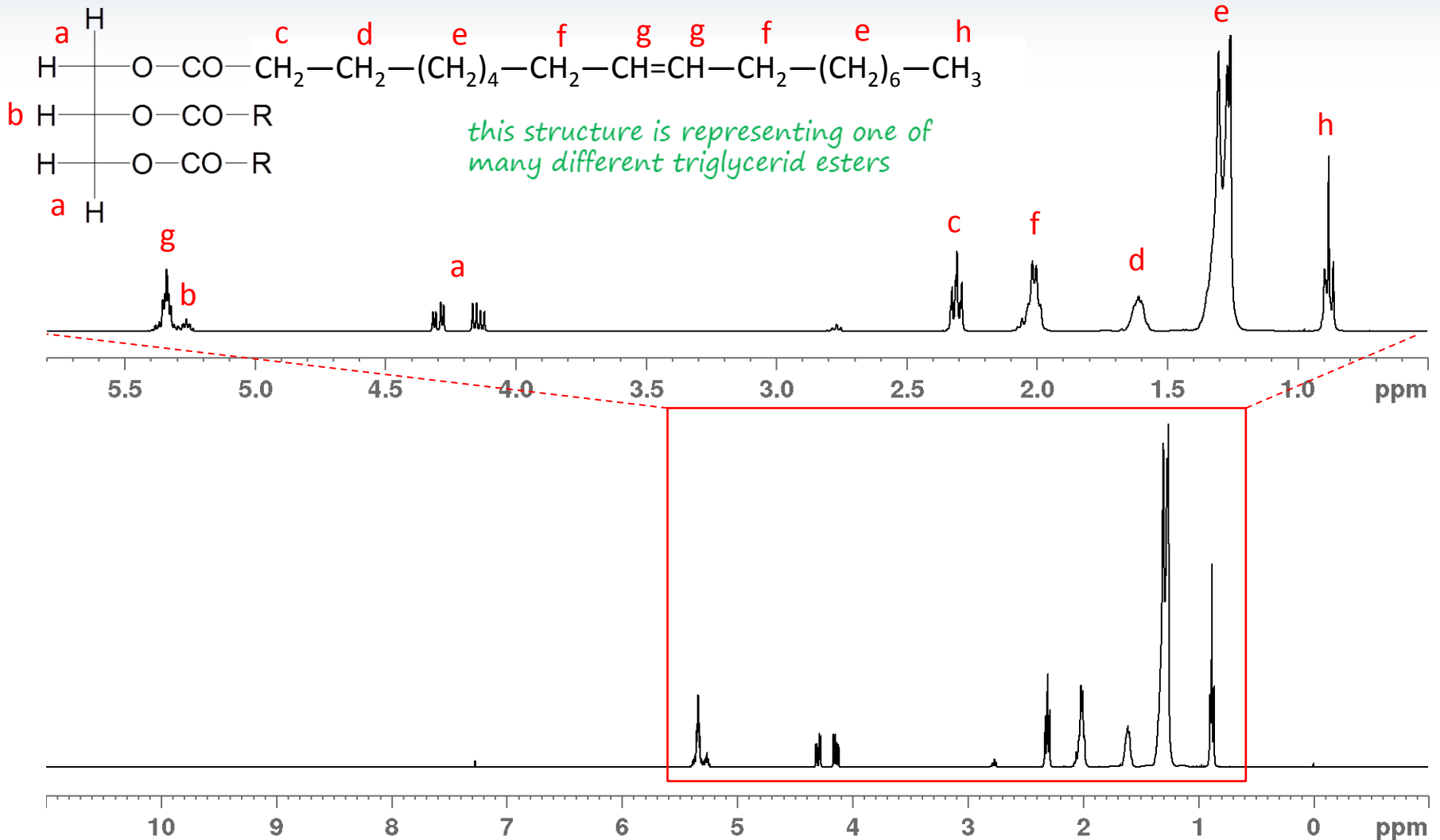
PC1

PC3

PC2

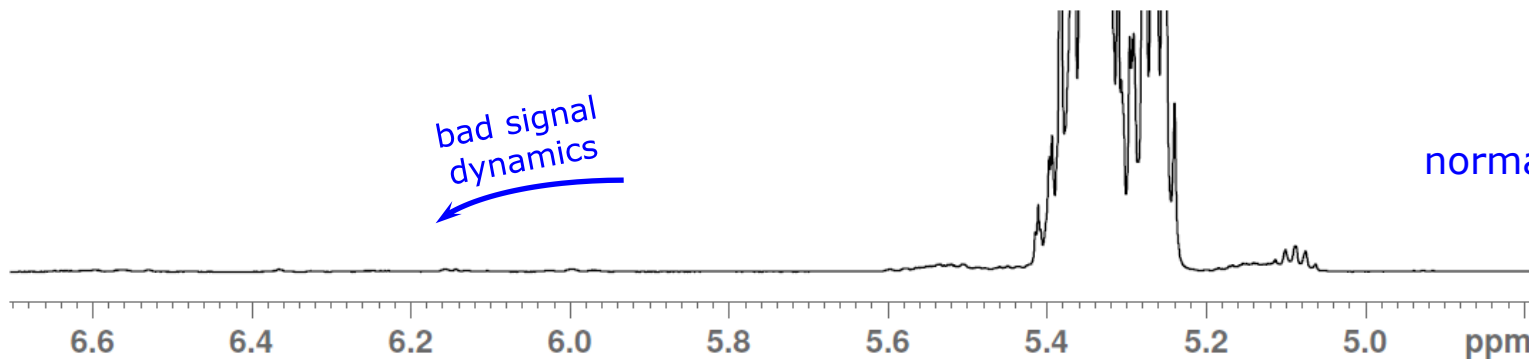
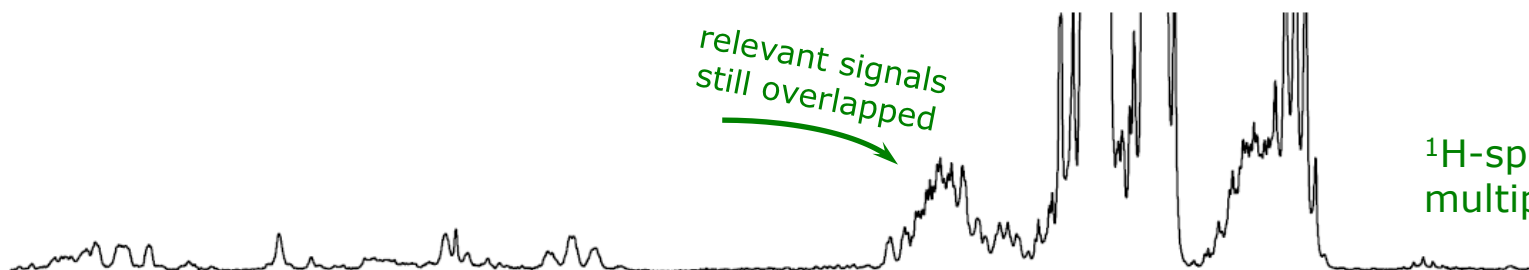
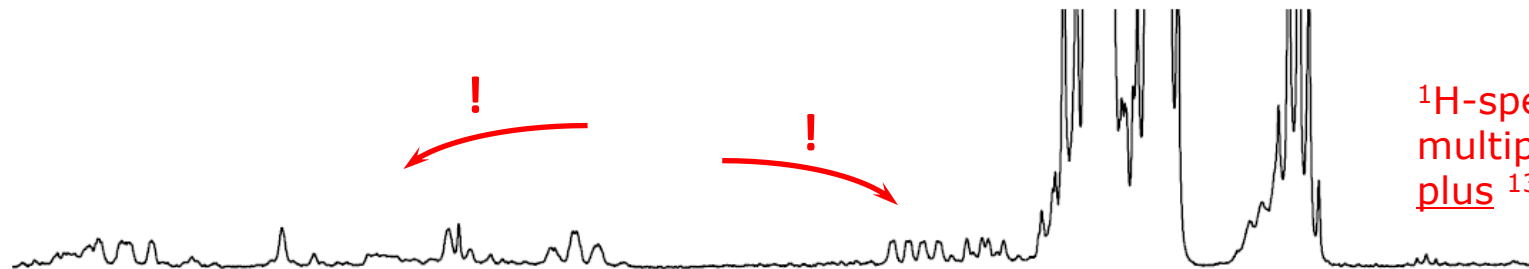
The Lipid Profile in Olive Oil

Triglycerid esters



Optimizing access to minor compounds

Avoiding loss of diagnostically relevant signals

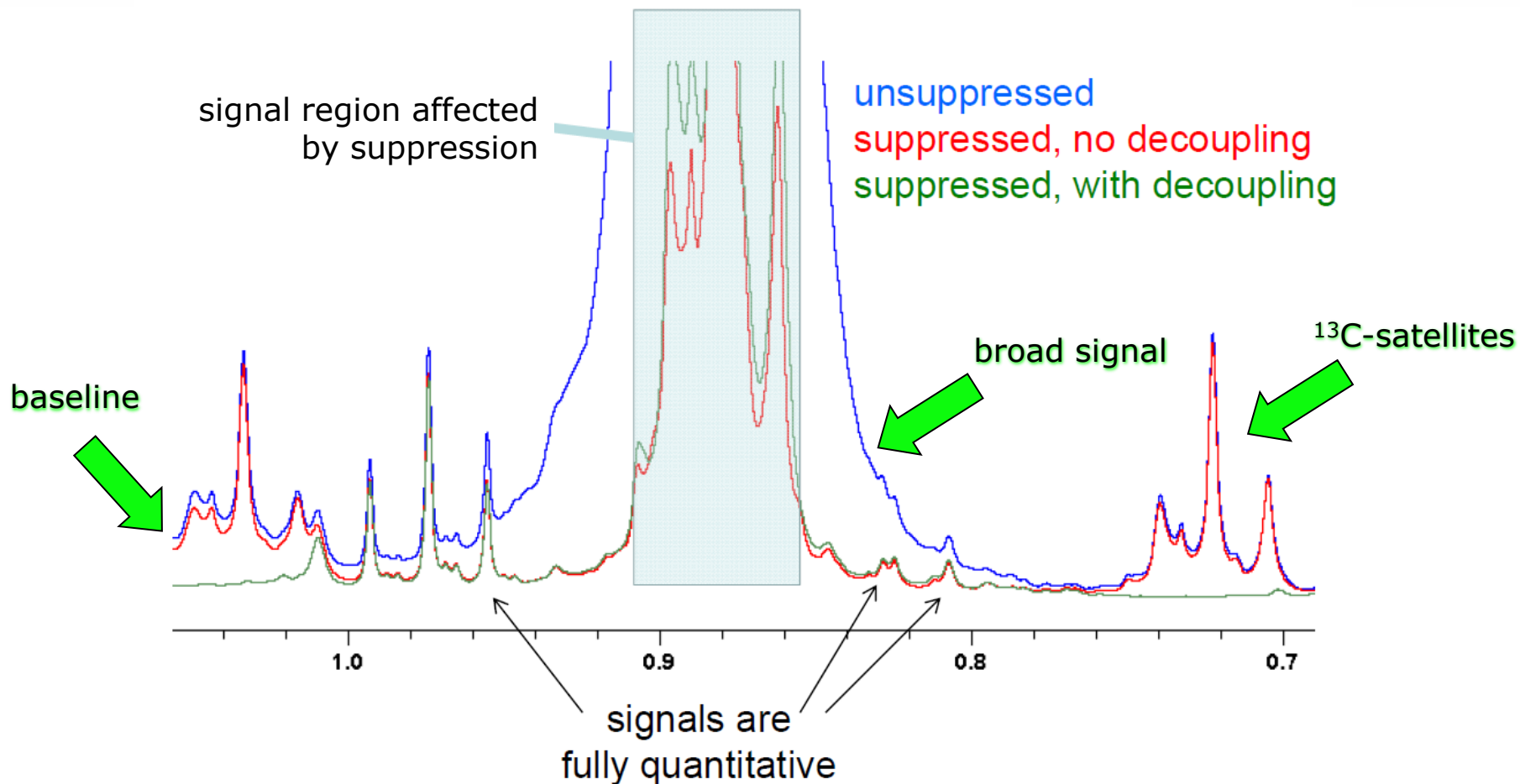


Quantitation of minor compounds

A comparison of the three approaches

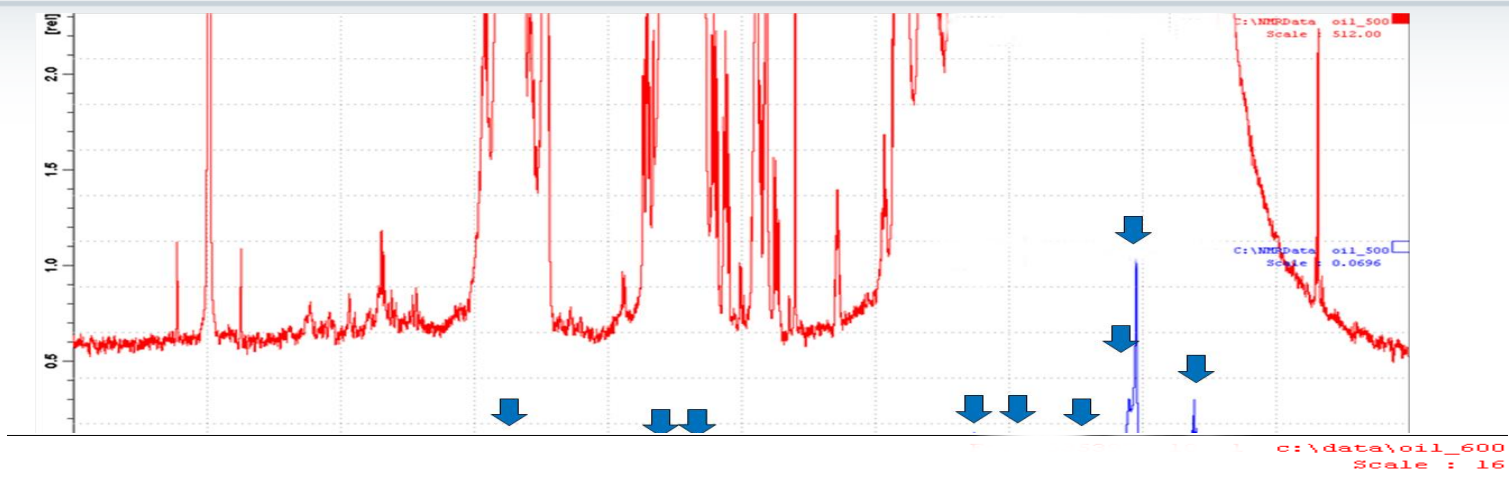


CH₃-group signal



Edible Oil Spectra

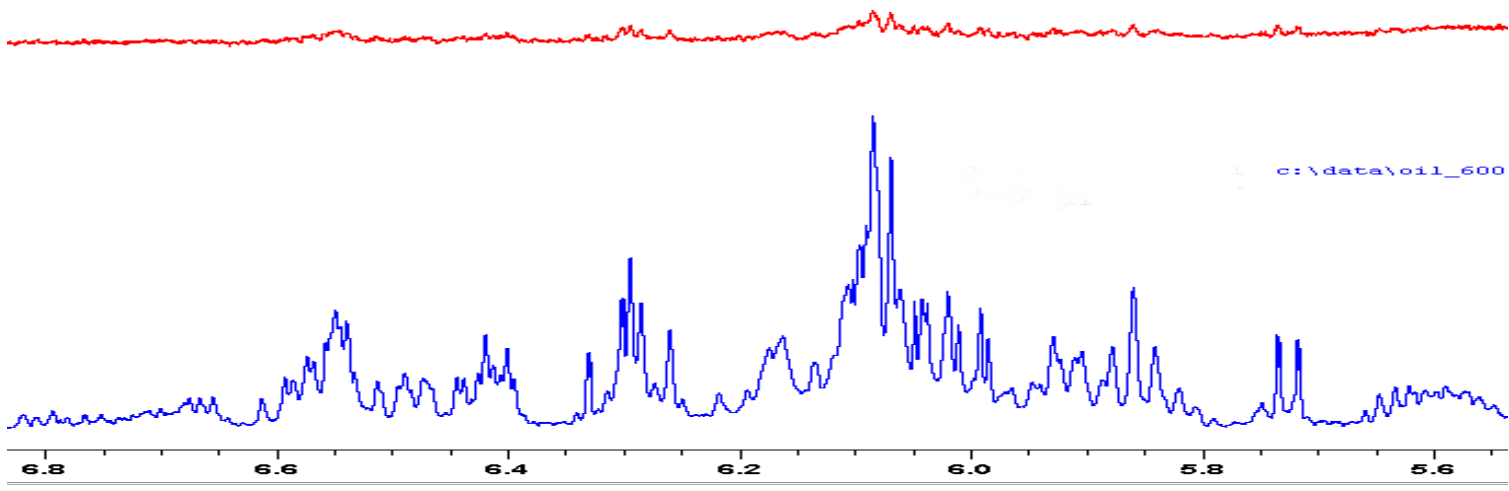
Effect of optimizing dynamic range



Multiple Lipid signal
Suppression using shaped pulses

Without Lipid Signal Suppression

How to see much more than the tip of the iceberg with NMR



Lipid signals suppressed

Edible oil sample preparation

Standardized Operation Procedure



Prerequisite

Use an SOP which allows to generate and compare all types of (edible) oil models

→ same solvent, same oil concentration (and be aware of volatile solvents evaporating from unfused tubes in sample changer queues ...)

SAMPLE ID	OIL WEIGHT (mg)	CDCl ₃ theo Volume (μl)	FINAL WEIGHT (mg)	CDCl ₃ Weight (mg)	CDCl ₃ Volume (μl)	weight OIL / weight CDCl ₃	CDCl ₃ Volume difference to ref (μl)
REFERENCE	140,00	700,00	1176,00	1036,00	700,00	13,51351351	0,00
1	139,70	698,50	1176,30	1036,60	700,41	13,47675092	1,91
2	139,80	699,00	1173,80	1034,00	698,65	13,52030948	-0,35



vortex
for 20 sec

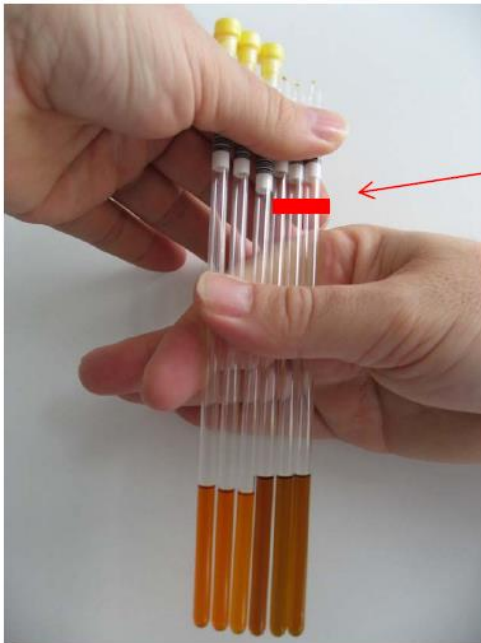
600 μl
for NMR

keep as constant
as possible

melt-seal tubes or not ?
make sure solvent won't
evaporate, but sealing may
influence (volatile) oil
components

Edible oil sample preparation

Effect of melt sealing sample tubes



Loss of sample volume after 3 days
in samples without melt sealing

*Melt sealed
samples*

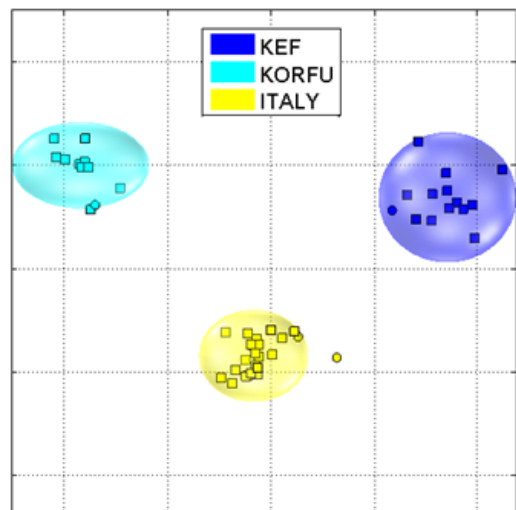
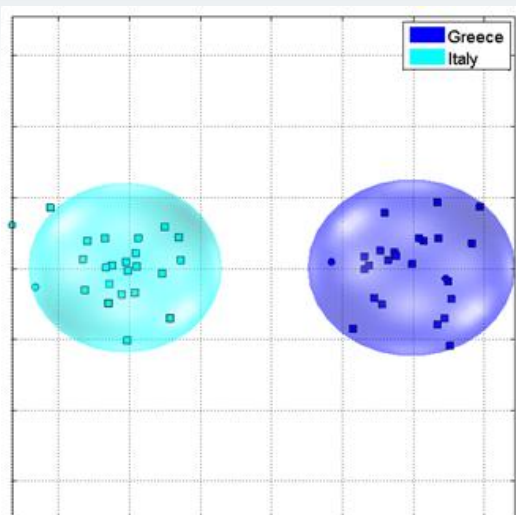


Sample colour changes
when applying melt sealing

No melt sealing was applied in order to avoid sample modification. In order to avoid sample volume loss, samples were measured within 12h (no volume loss was observed within that time).

Geographical origin of olive oils

Italy versus Greek Islands

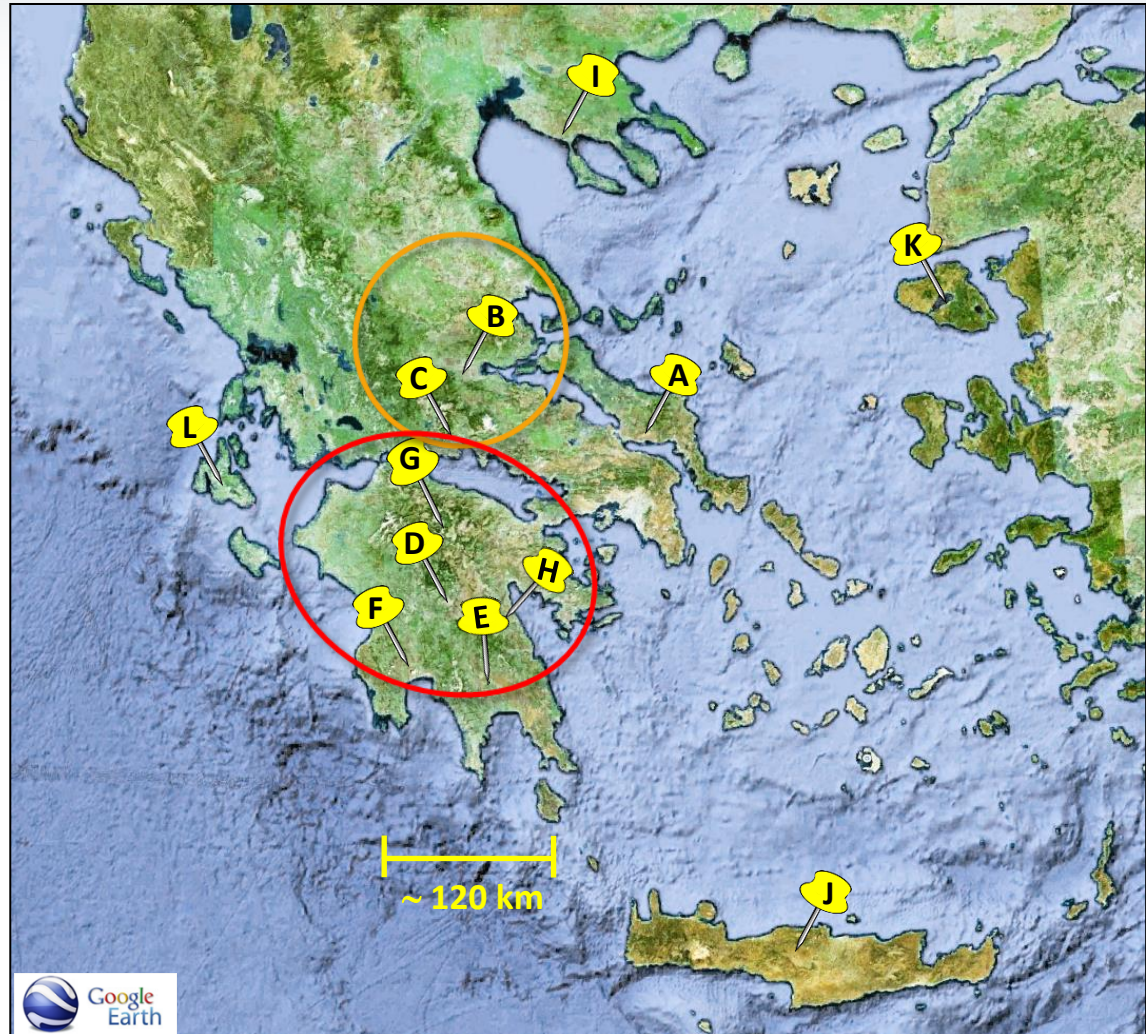


NMR screening of Greek olive oils

Overview of the authentic samples' origins



- "Central"
- A** Euboea
 - B** Lamia
 - C** Amfissa
- "Peloponnese"
- D** Peloponnese
 - E** Lakonia
 - F** Messinia
 - G** Aigialeia
 - H** Kynouria
- I** Chalkidiki
 - J** Crete
 - K** Lesbos
 - L** Ionian Islands



- only groups with >10 samples taken for statistics
- some closely neighbored regions combined to groups

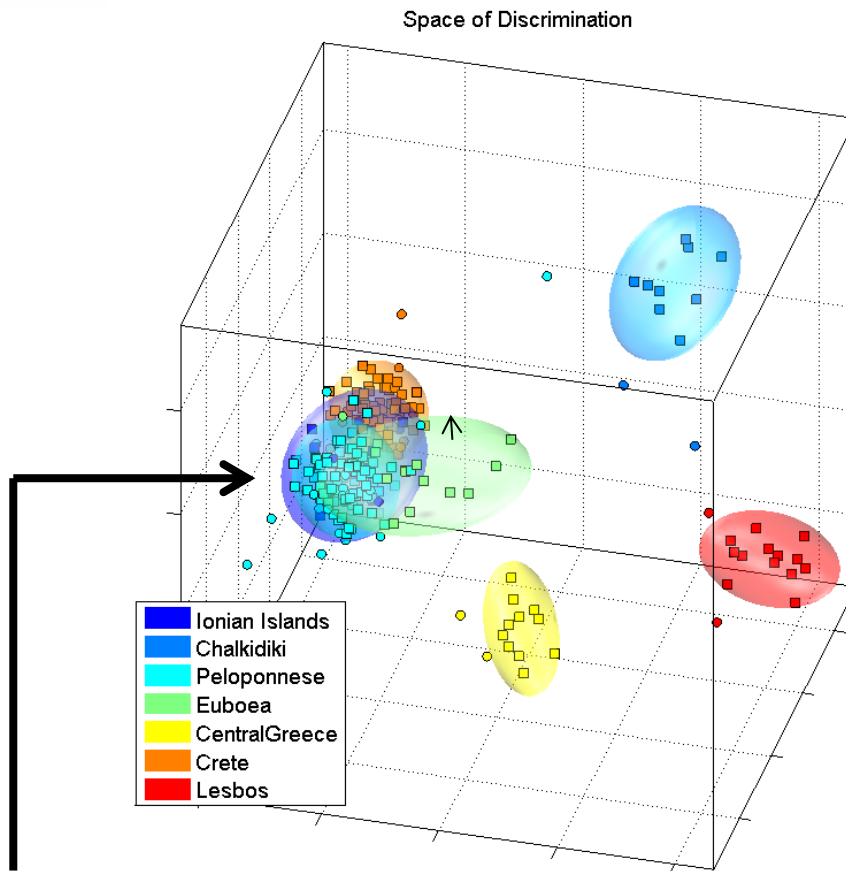
NMR screening of Greek olive oils

Differentiation of geographical origin



based on ^1H -NMR spectra of 249 Greek olive oils

despite the small number of samples, group assignment is significantly away from being random



Confusion Matrix (avg. = 87.8%)

Assigned Groups	Ionian Islands	Chalkidiki	Peloponnese	Euboea	CentralGreece	Crete	Lesbos	n
Ionian Islands	57	3					2	n=14
Chalkidiki		100	1					n=11
Peloponnese	31		89	27	5	5		n=103
Euboea			1	61	6			n=15
CentralGreece				1	89			n=13
Crete	11		6	10		92		n=78
Lesbos							100	n=15
	Ionian Islands	Chalkidiki	Peloponnese	Euboea	CentralGreece	Crete	Lesbos	
	Original Groups							

Oil profiles of Euboea and Ionian Islands samples similar to that of Peloponnese samples

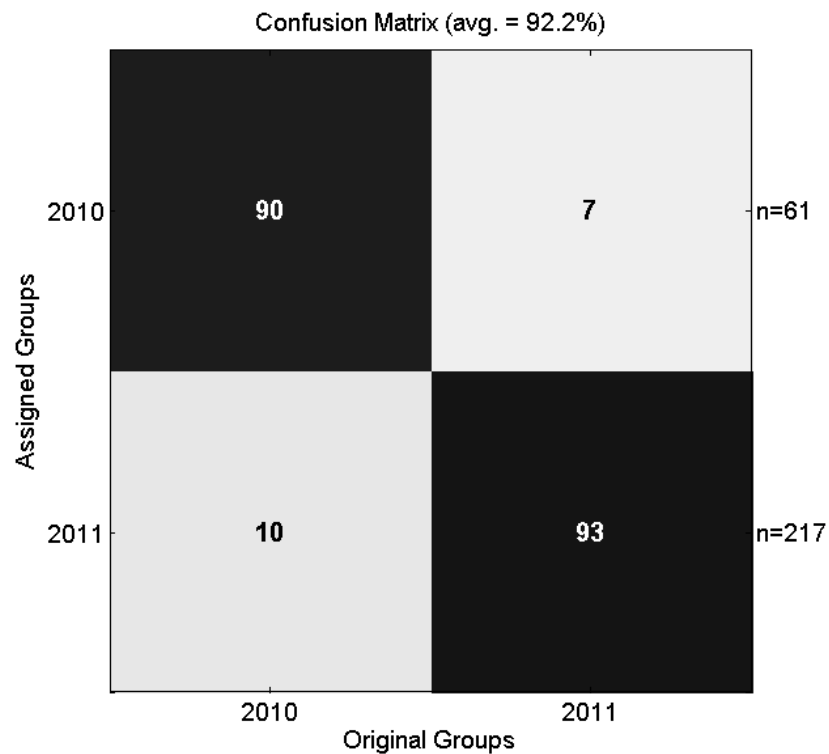
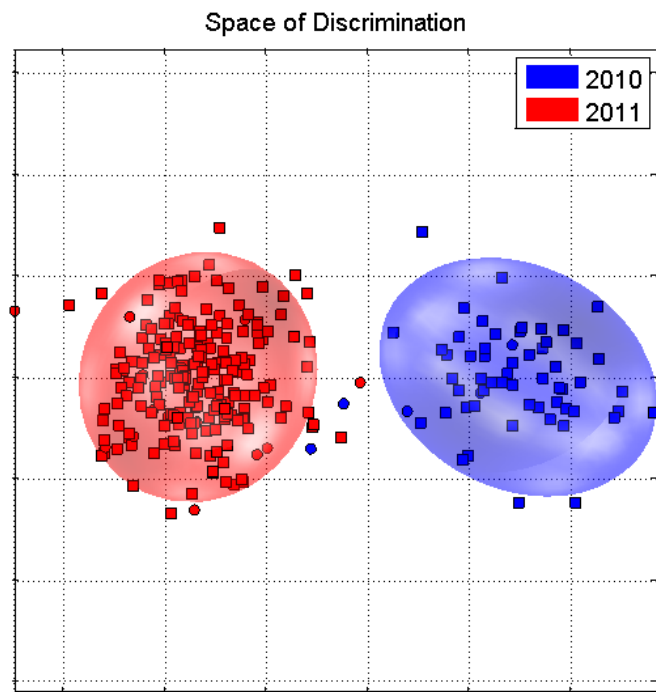
NMR screening of Greek olive oils

Classification by harvesting year



based on ^1H -NMR spectra* of 278 Greek olive oils

* all with multiple signal suppression plus ^{13}C -decoupling

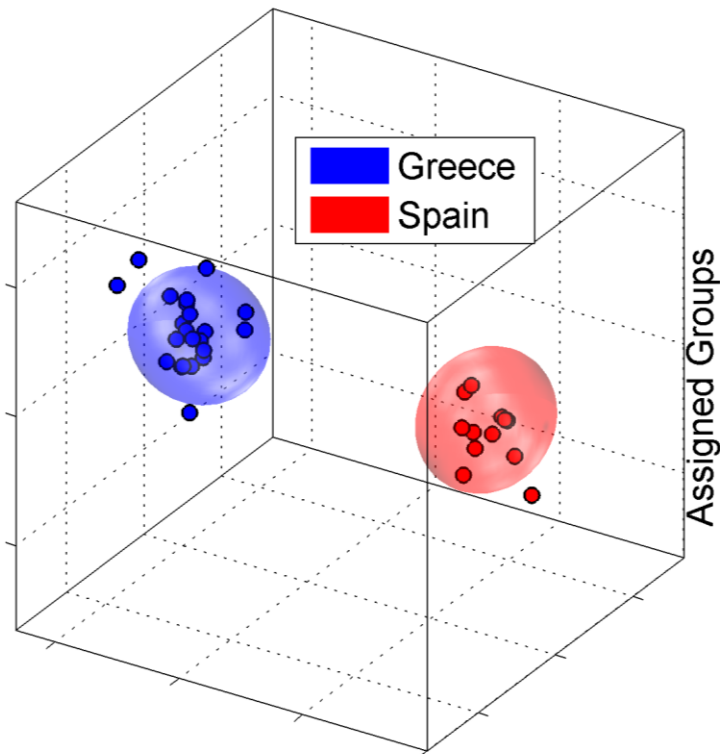


Differentiation of Spanish/Greek Olive Oil Without suppression of lipid signals

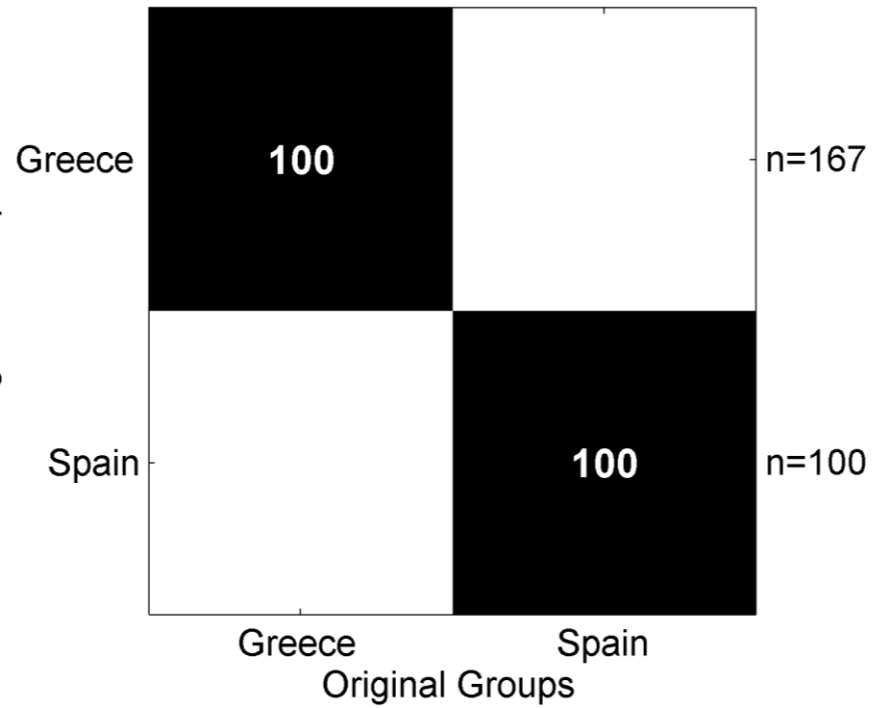


Using lipid region

Space of Discrimination



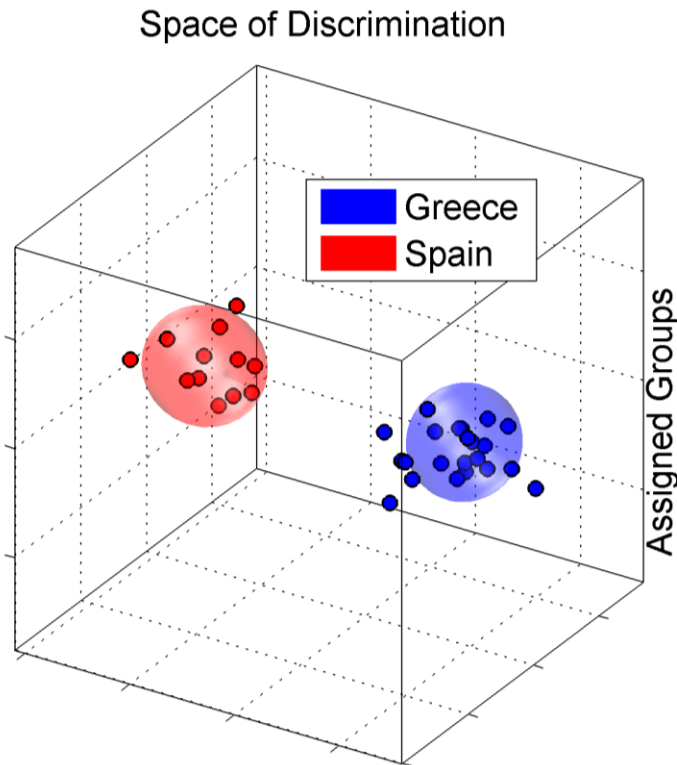
Confusion Matrix (avg. = 100.0%)



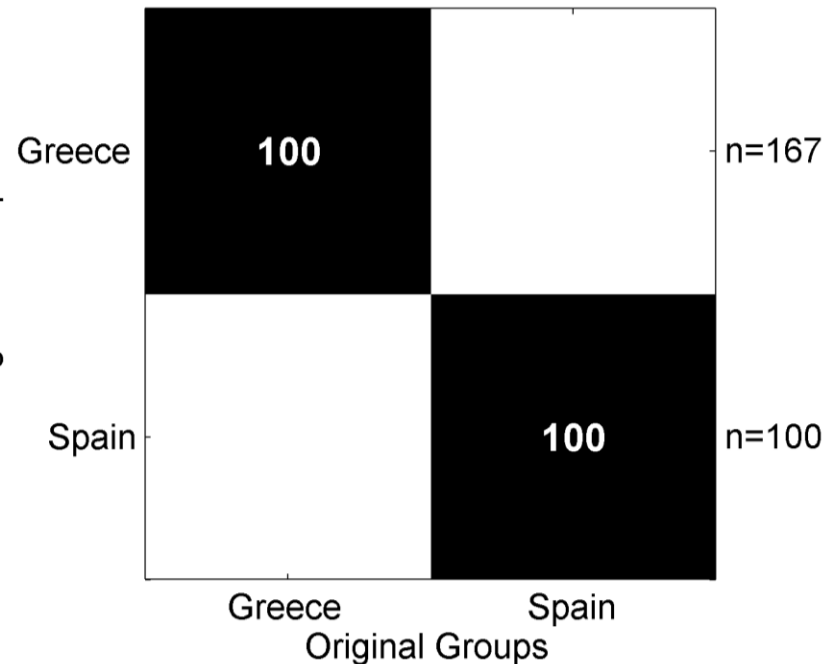
Differentiation Spanish/Greek Olive Oil With suppression of all large lipid lines



Exclusion of lipid region



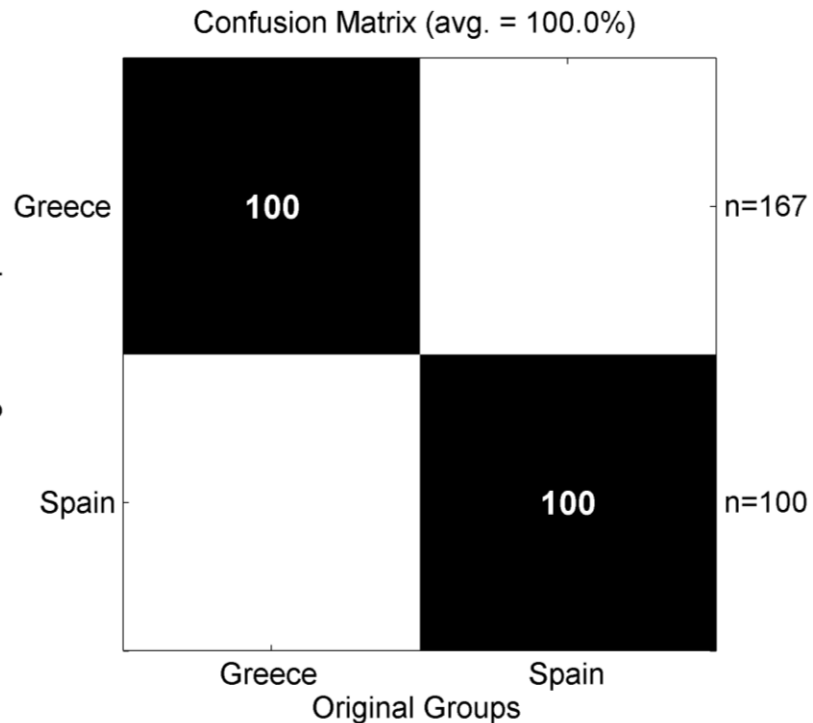
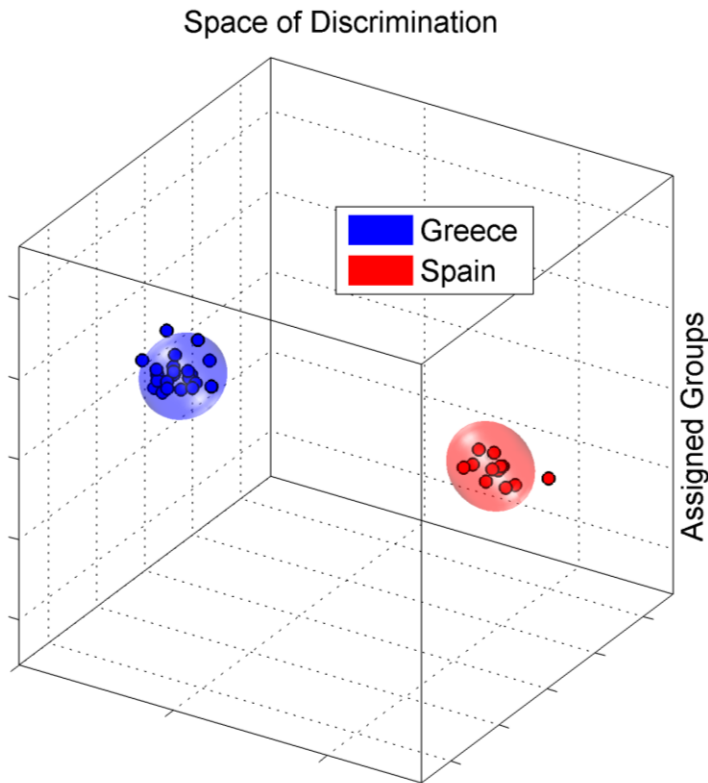
Confusion Matrix (avg. = 100.0%)



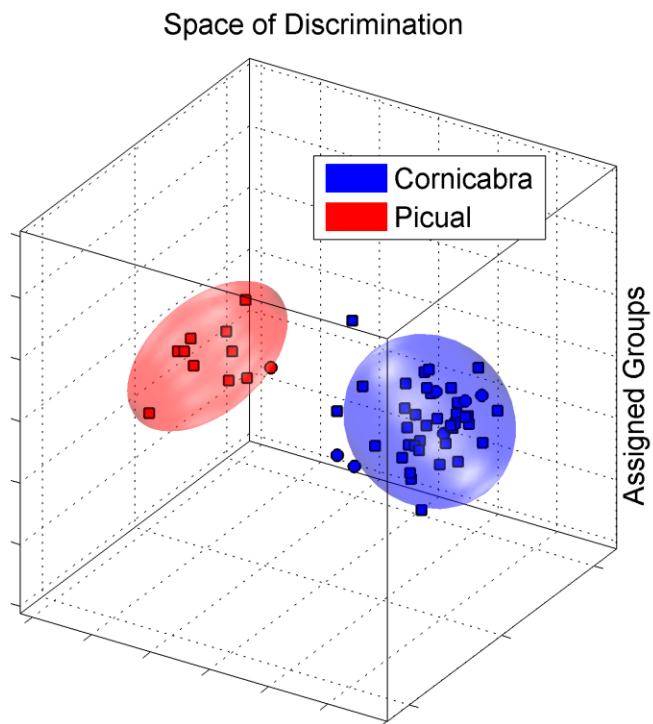
Olive Oil: differentiation Spain/Greece Combined: without/with suppression



Combined model means using Lipid section from unsuppressed spectra and Other regions from suppressed spectra



Variety differentiation Spanish Olive Oil



Confusion Matrix (avg. = 96.1%)

Cornicabra	98	10	n=44
Picual	2	90	n=11
	Cornicabra	Picual	

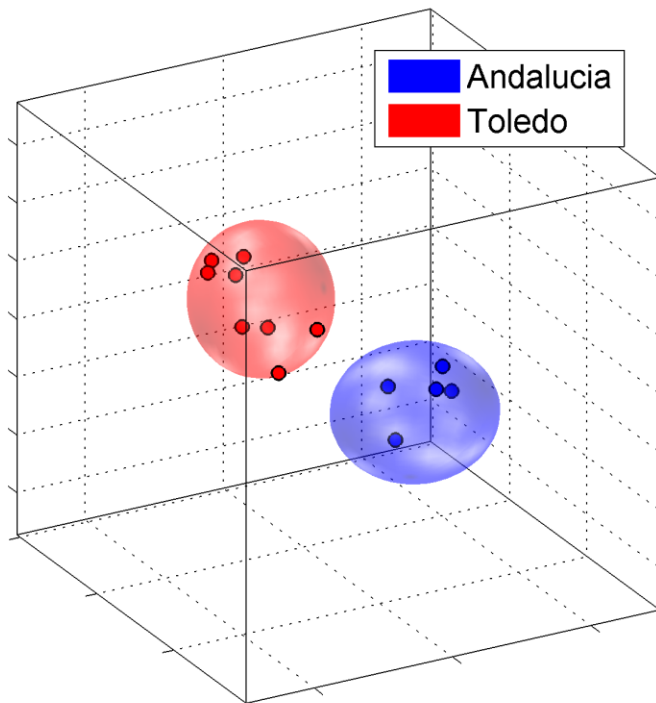
Original Groups

Region differentiation in Spain on Olive Oil

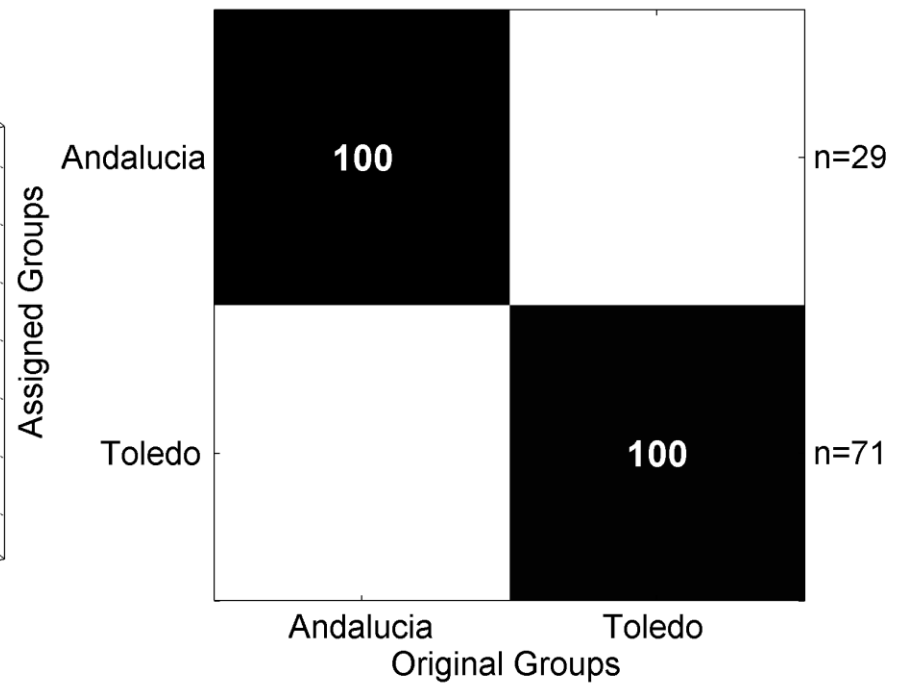
Andalucia/Toledo



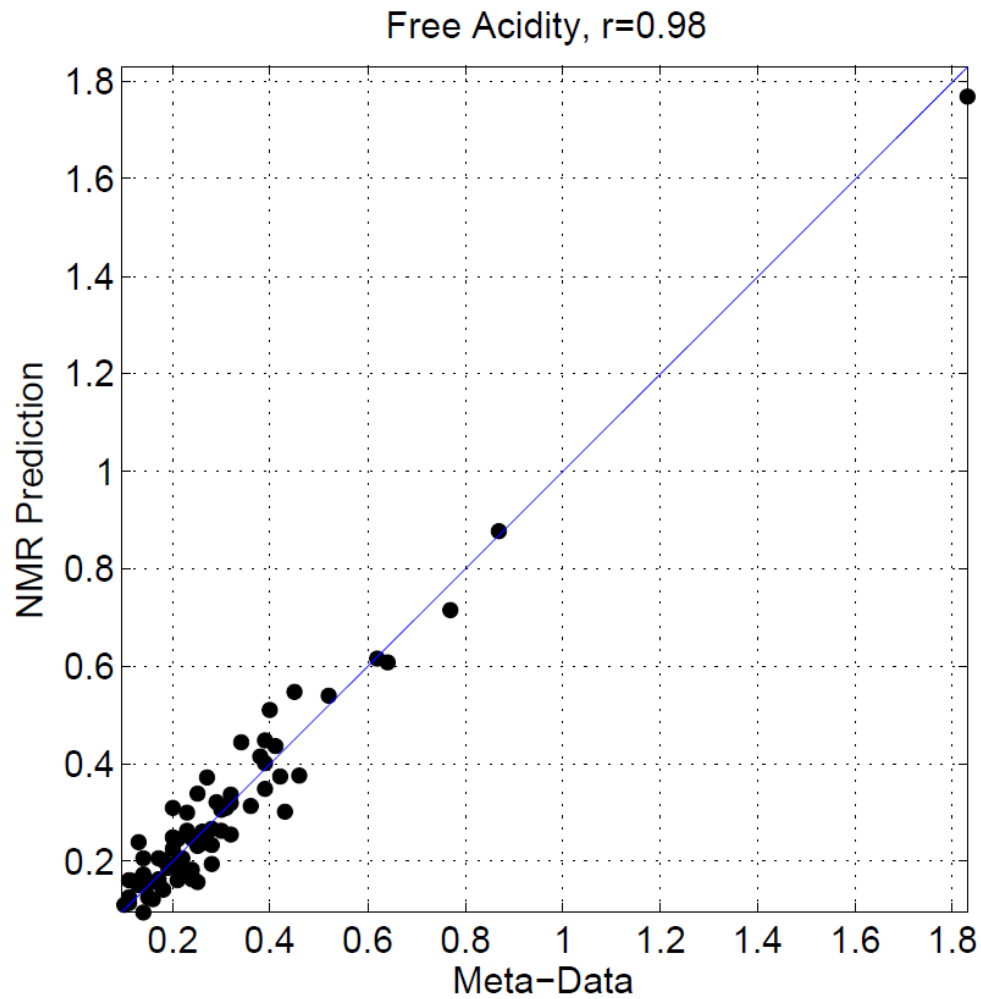
Space of Discrimination



Confusion Matrix (avg. = 99.8%)



Free Acidity of Olive Oil by Regression Analysis, first results

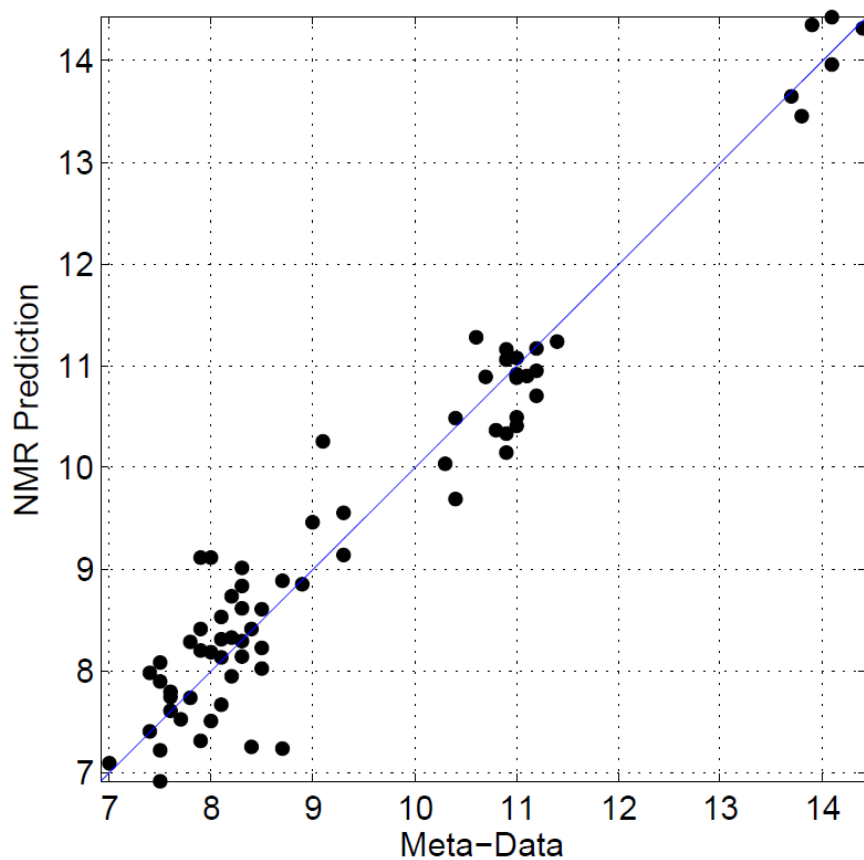


Regression analysis first results

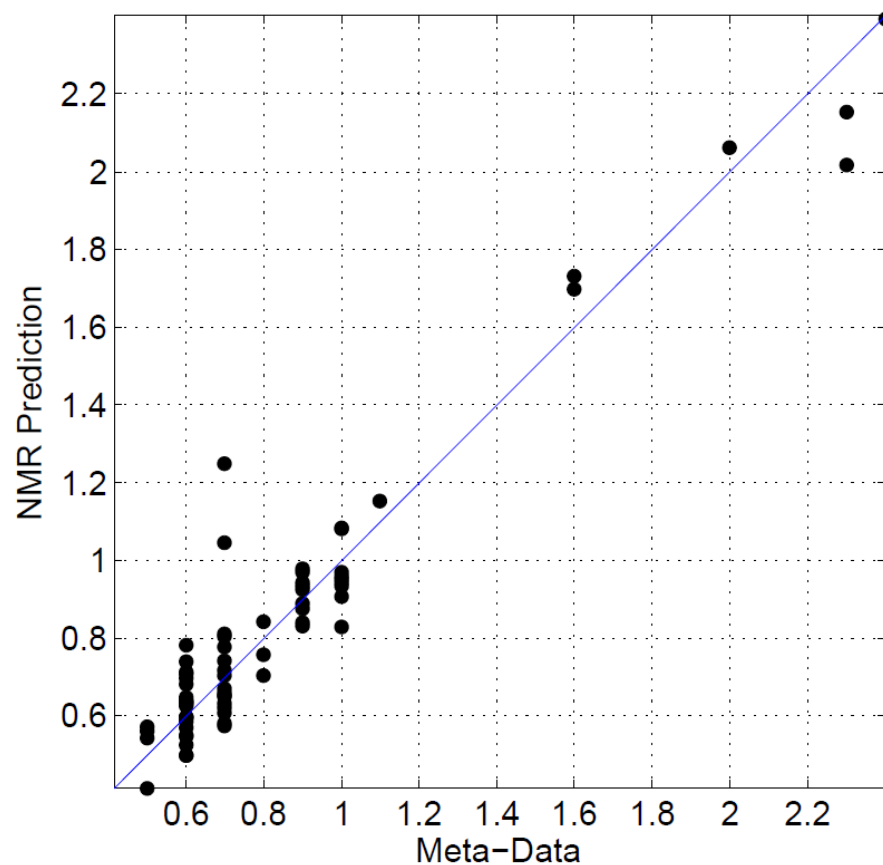
Quantification of Palmitic and Palmitoleic Acid



Palmitic Acid, $r=0.97$



Palmitoleic Acid, $r=0.96$

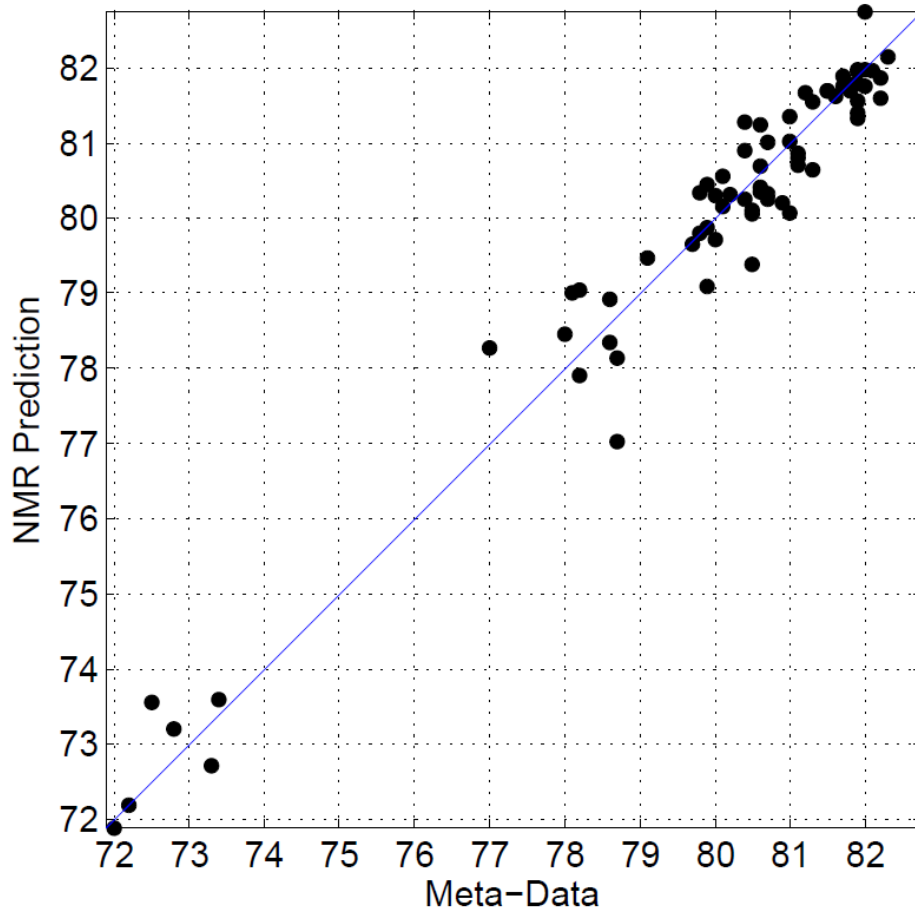


Regression analysis by NMR, first results

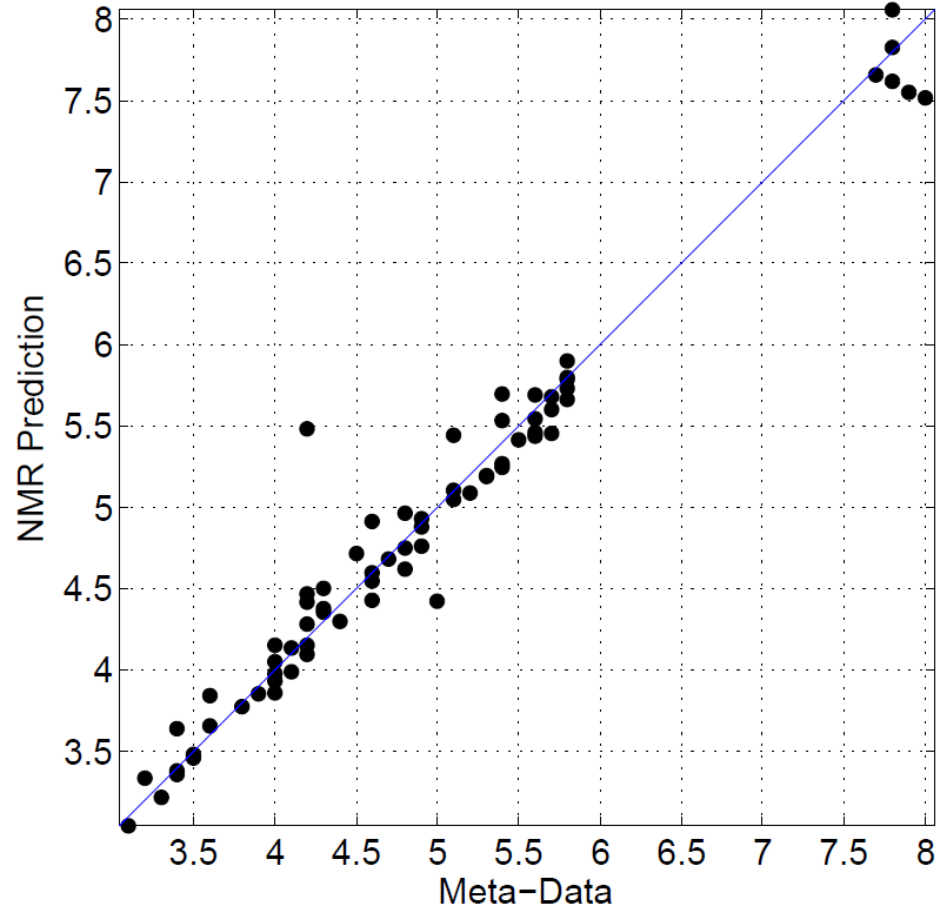
Quantification of Oleic Acid



Oleic Acid, $r=0.98$



Linoleic Acid, $r=0.98$



Health Claim Olive Oil



European Food Safety Authority

EFSA Journal 2012;10(8):2848

SCIENTIFIC OPINION

Scientific Opinion on the substantiation of a health claim related to polyphenols in olive and maintenance of normal blood HDL-cholesterol concentrations (ID 1639, further assessment) pursuant to Article 13(1) of Regulation (EC) No 1924/2006¹

EFSA Panel on Dietetic Products, Nutrition and Allergies (NDA)^{2,3}

European Food Safety Authority (EFSA), Parma, Italy

This scientific output, published on 7 September 2012, replaces the earlier version published on 7 August 2012⁴

High-density lipoproteins (HDL) act as cholesterol scavengers and are involved in the reverse transport of cholesterol in the body (from peripheral tissues back to the liver). Conversely, low-density lipoproteins (LDL) carry cholesterol from the liver to peripheral tissues, including the arteries. The Panel considers that maintenance of normal HDL-cholesterol concentrations (without increasing LDL-cholesterol concentrations) is a beneficial physiological effect.

Definition health claim: can be used if 50 mg/kg sum polyphenols is achieved or overcome.

The Polyphenol Pattern

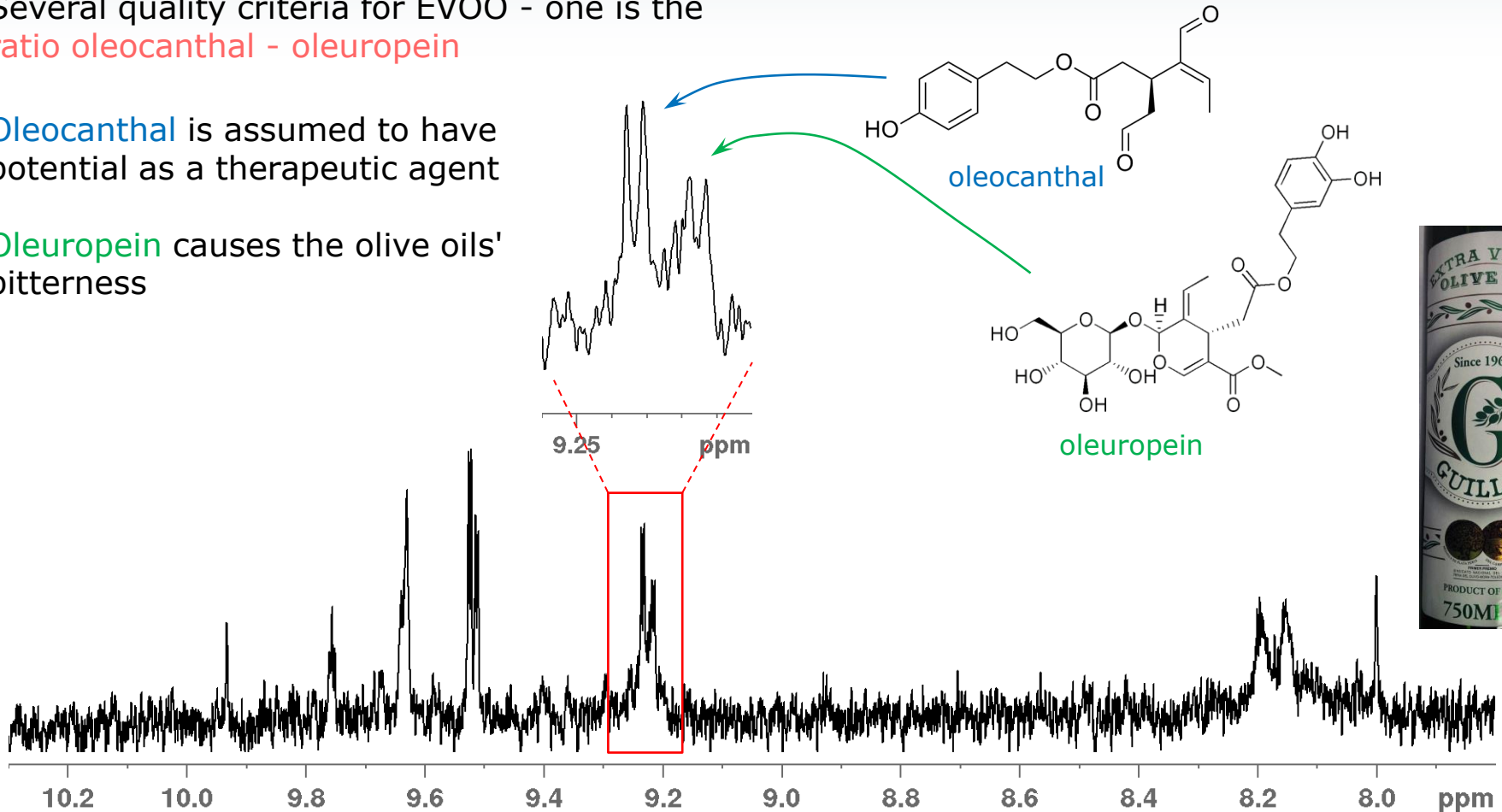
Example - Oleocanthal vs. Oleuropein



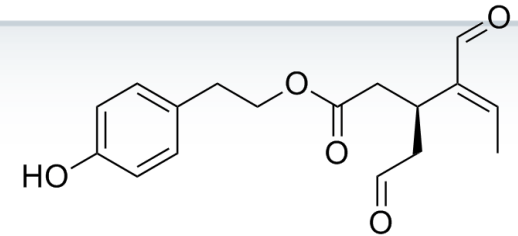
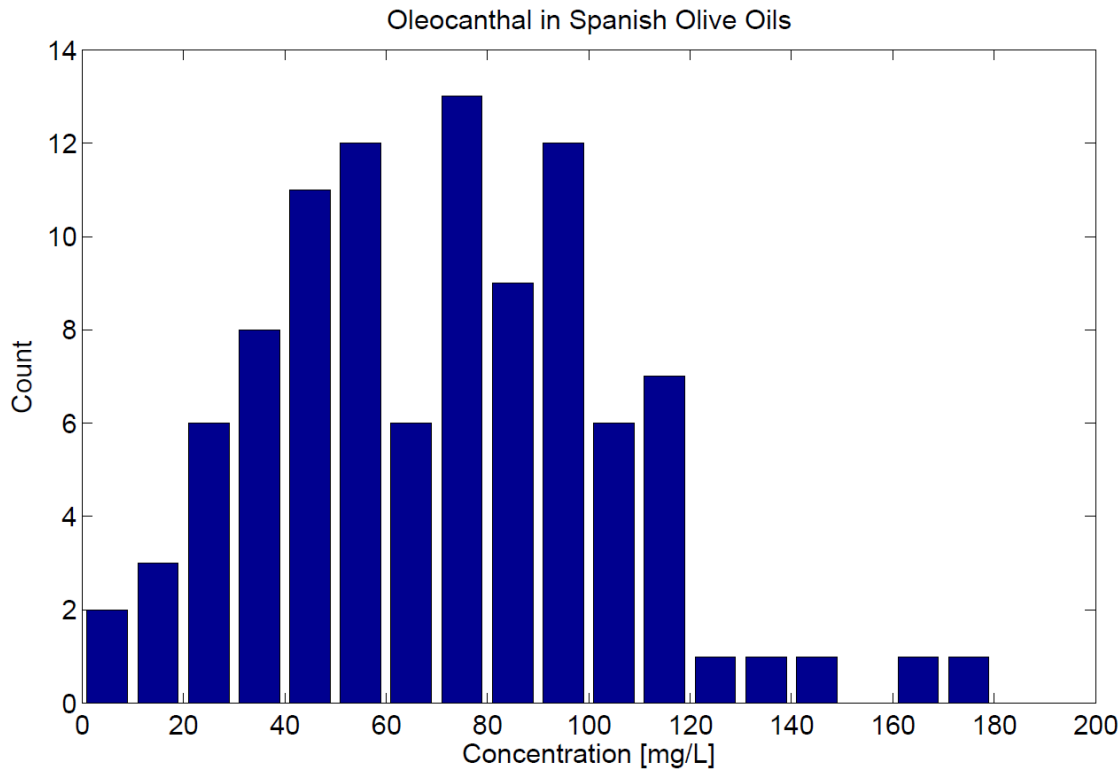
Several quality criteria for EVOO - one is the ratio oleocanthal - oleuropein

Oleocanthal is assumed to have potential as a therapeutic agent

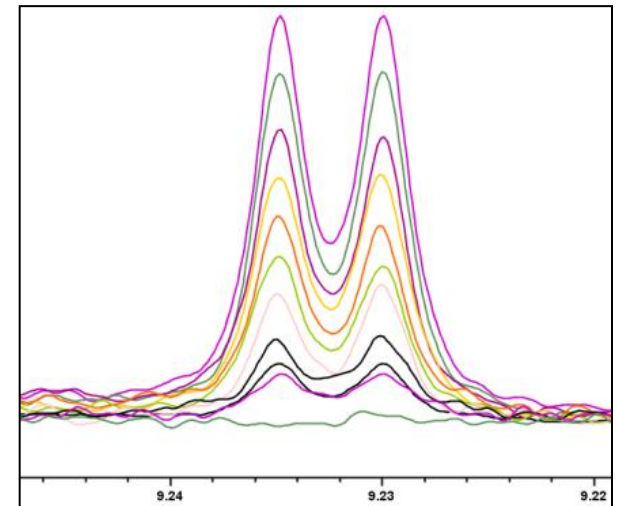
Oleuropein causes the olive oils' bitterness



Oleocanthal – direct quantification



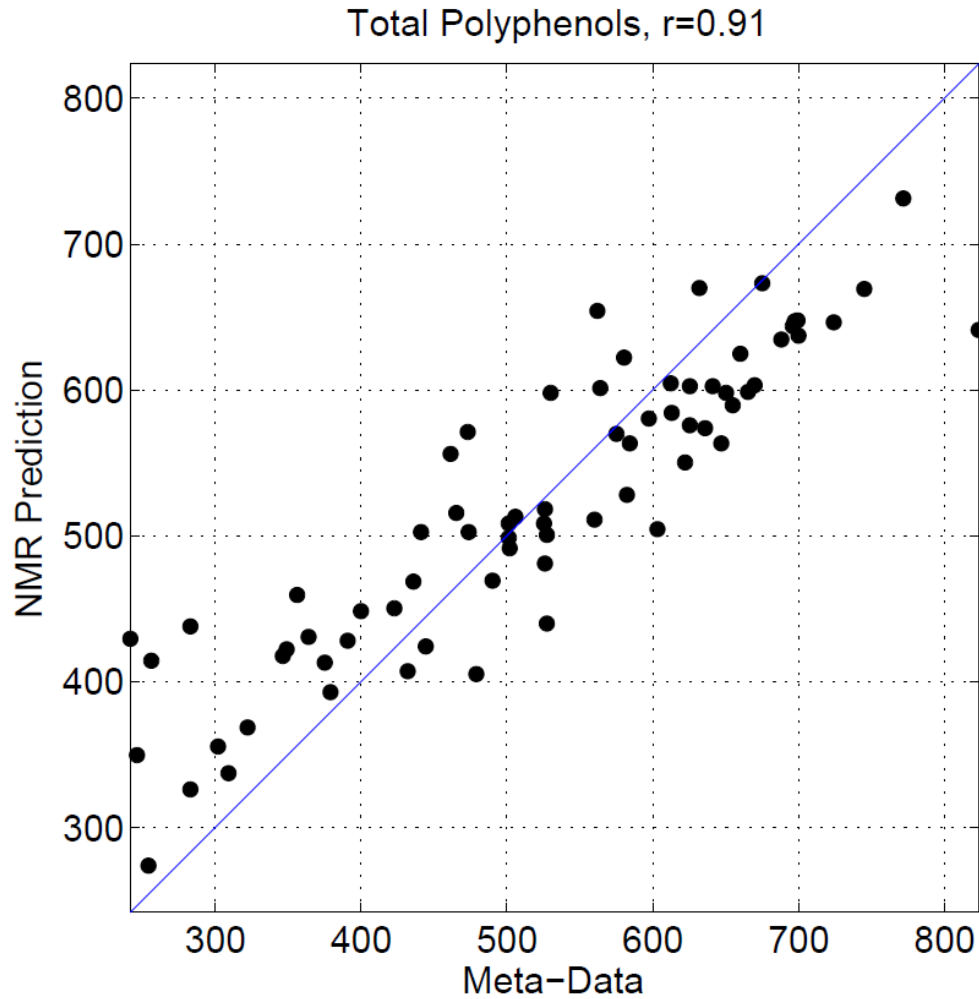
Spiking of oleocanthal



also in progress:
tyrosol
hydroxytyrosol
oleacein

Regression analysis by NMR, first results

Total Polyphenols



IVDr Lipoprotein Subclass Analysis B.I.-LISA™ out of plasma/serum Extracts from automatic reports



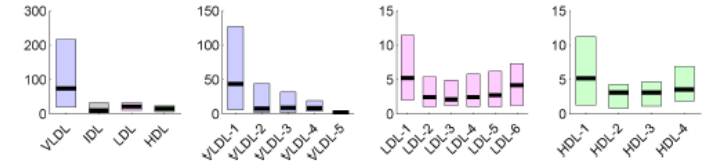
Main Parameters

Key	Parameter	Value	Unit	95% Range of Model	Graphics (*)
TPTG	TG	124	mg/dL	55 - 287	
TPCH	Chol	183	mg/dL	140 - 295	
LDCH	LDL-Chol	86	mg/dL	63 - 202	
HDCH	HDL-Chol	50	mg/dL	36 - 96	
TPA1	Apo-A1	131	mg/dL	113 - 223	
TPA2	Apo-A2	25	mg/dL	27 - 47	
TPAB	Apo-B100	55	mg/dL	35 - 99	

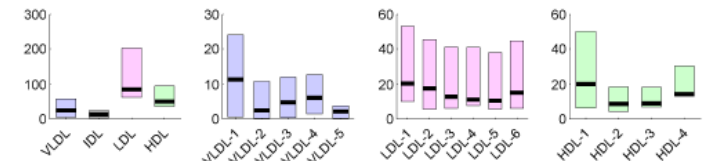
(*) Gray horizontal boxes represent 95% range of model, black vertical lines represent sample value.

Healthy Person
compliant to
concentration
distribution in
model in all
fractions

Triglycerides distribution (concentrations in mg/dL together with 95% range of model)



Cholesterol distribution (concentrations in mg/dL together with 95% range of model)



Calculated Figures

Key	Parameter	Value	Unit	95% Range of Model	Graphics (*)
LDHD	LDL-Chol/HDL-Chol	1,70	-/-	0,88 - 3,48	
ABA1	Apo-B100/Apo-A1	0,42	-/-	0,20 - 0,77	

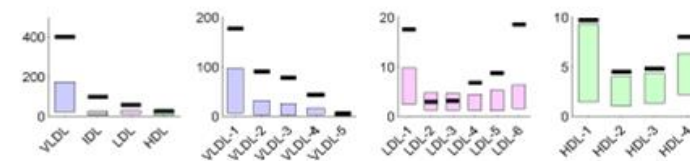
(*) Gray horizontal boxes represent 95% range of model, black vertical lines represent sample value.

Main Parameters

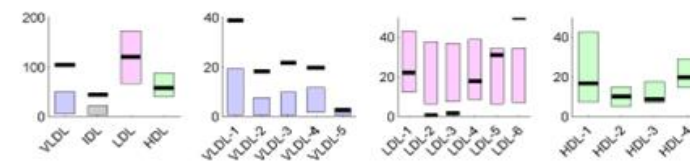
Key	Parameter	Value	Unit	Reference	Graphics
TPTG	Triglycerides	597	mg/dL	50 - 150	
TPCH	Cholesterol	323	mg/dL	110 - 220	
LDCH	LDL Cholesterol	120	mg/dL	70 - 150	
HDCH	HDL Cholesterol	57	mg/dL	35 - 80	
TPA1	Apo-A1	163	mg/dL	90 - 170	
TPA2	Apo-A2	38	mg/dL	25 - 50	
TPAB	Apo-B100	119	mg/dL	40 - 115	

Person having
a stroke shortly
after blood
collection, most
fractions out of
model ranges

Triglycerides distribution (concentrations in mg/dL)



Cholesterol distribution (concentrations in mg/dL)



Calculated Figures

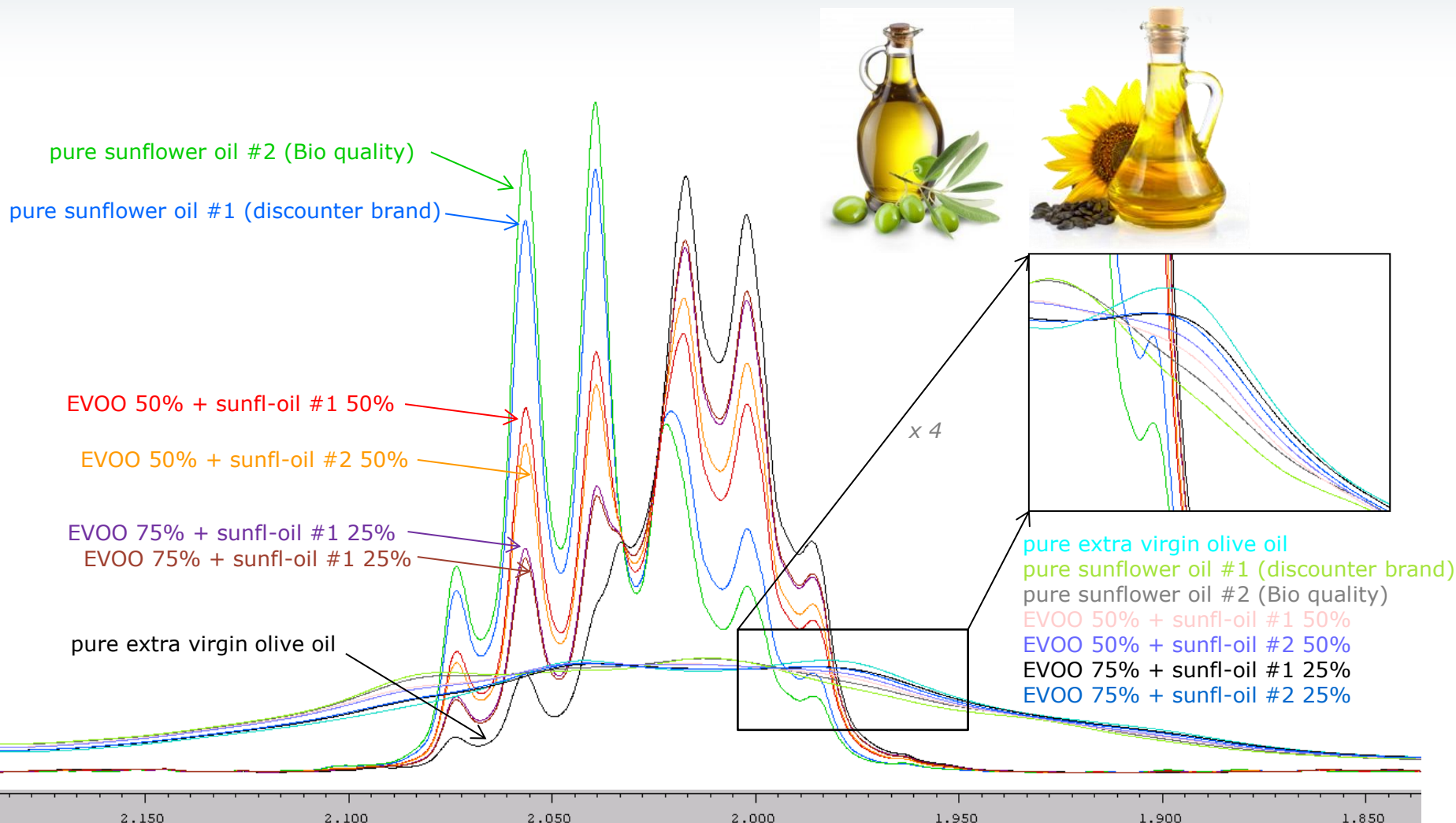
Key	Parameter	Value	Unit	Reference	Graphics
LDHD	LDL-Chol/HDL-Chol	2,10	-/-	< 3,00	
ABA1	Apo-B100/Apo-A1	0,73	-/-	0,35 - 1,15	

LDL-Cholesterol
in model, but
subfractions out!

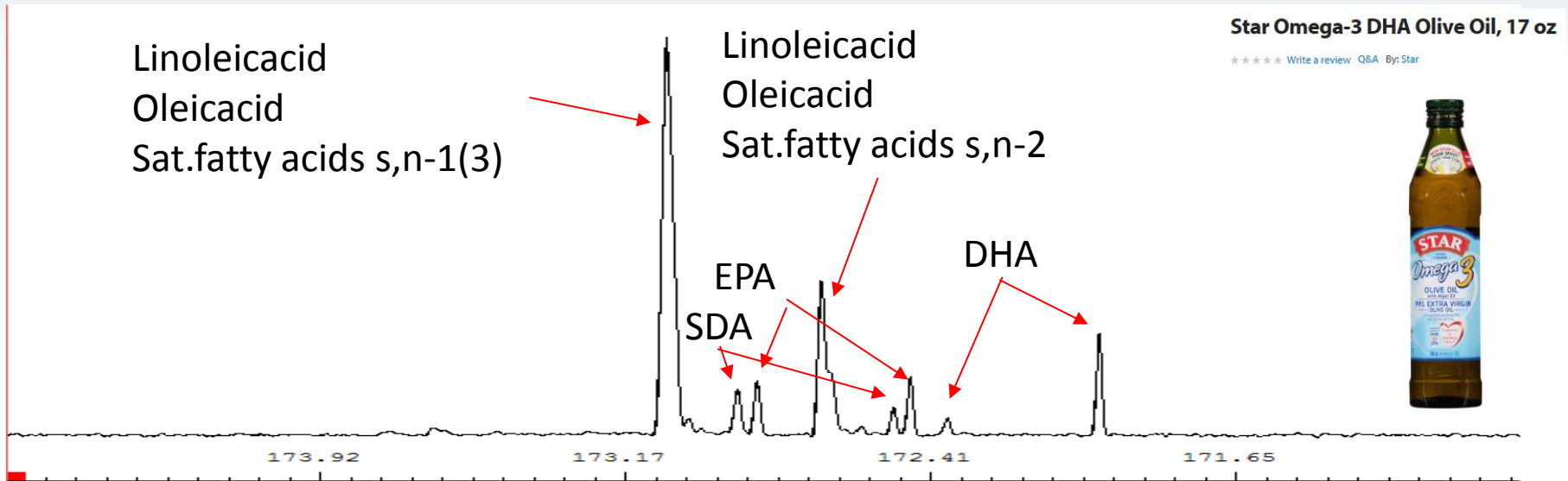
^1H NMR analysis of edible oils

Extra virgin olive oil (EVOO), sunflower oil, and mixes

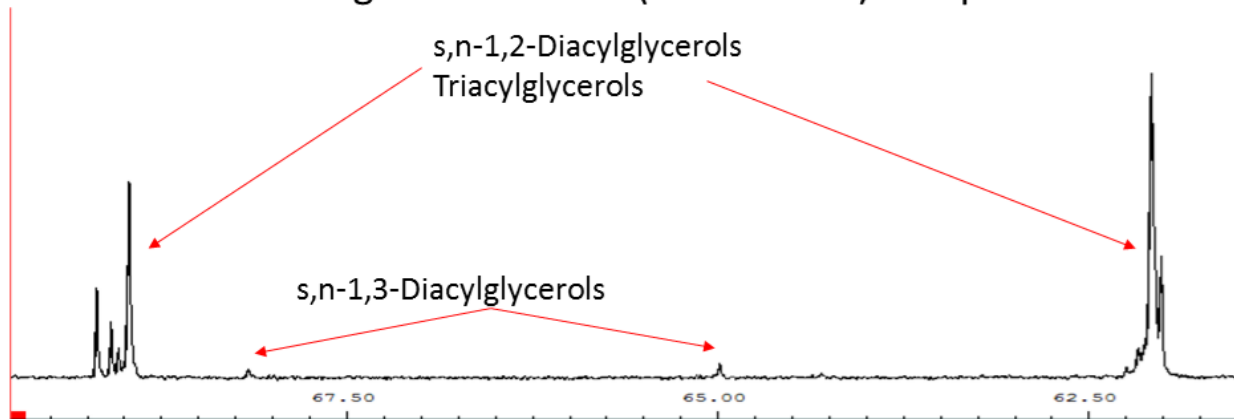
400/80 MHz comparison of a selected signal



^{13}C -NMR Screening on olive oil



Edible oil inverse gated ^{13}C -NMR (150.92MHz) for quantification



Conclusions



- It could be shown, that $^1\text{H-NMR}$ screening of olive oils opens a large number of parameters, that cannot be obtained conventionally in one measurement
- Targeted Analysis offers 2 possibilities, direct quantification and regression analysis
- Untargeted Analysis shows large promise for
 - Variety differentiation
 - Geographical Origin (country and subregions)
 - Vintage
- With this a tool, checks on quality and authenticity is becoming available
- Next action is to check on differentiation of grades of olive oil VOO, EVOO, ...

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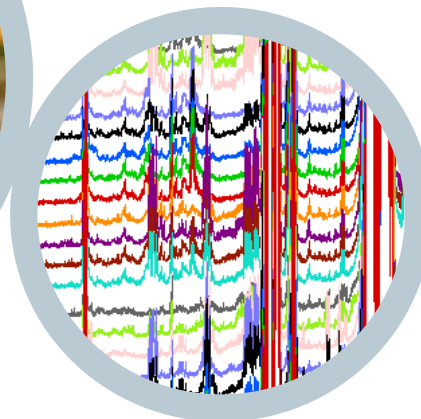
Victor Pidal Bruker BioSpin (Madrid Spain)

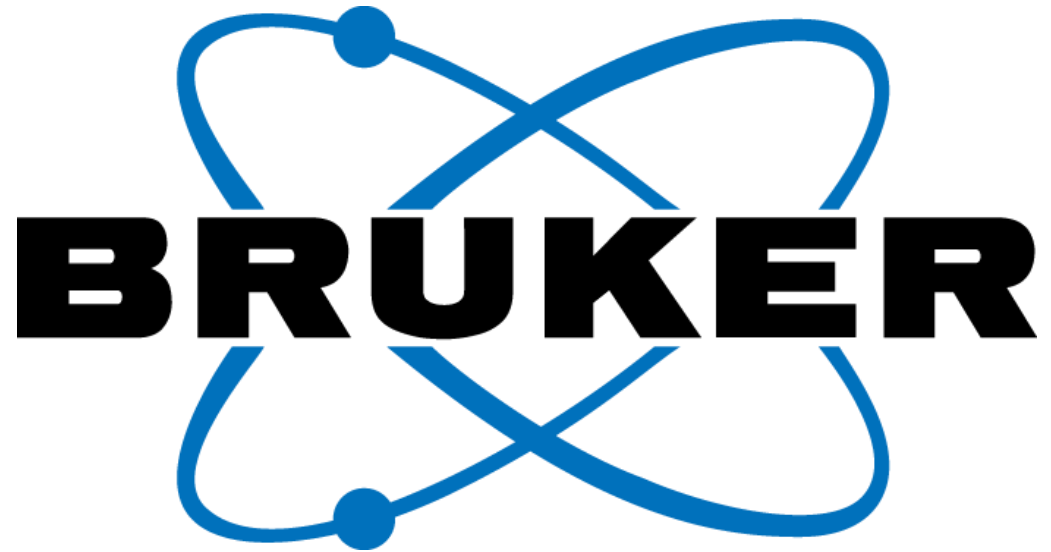
Claudia Napoli Bruker BioSpin S.I.r. (Milano Italy)

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Claudia Napoli

*Thank you
for your
attention*





Innovation with Integrity